

Manning, Judy [IDPH]

From: Diana Erickson <dianaerickson@globalccs.net>
Sent: Thursday, September 24, 2015 8:25 AM
To: Manning, Judy [IDPH]
Subject: needling proceedure

I am writing to encourage you to keep allowing Physical Therapists in Iowa to perform dry needling on patients.

As a patient who has received dry needling as part of my treatment I have found it to be very effective and allowed relief of my symptoms quickly. Before my treatment the physical therapist was very thorough to explain the risks of the treatment as well as the difference between acupuncture and the dry needling process.

It would be very disappointing if legislative restrictions limit the use of a procedure that is so effective. Following the needling I experienced a 75% pain reduction, which has been maintained over a month now.

Thank you for your consideration.

Diana Erickson
dianaerickson@globalccs.net

Manning, Judy [IDPH]

From: Clint Lutterman <lutterman85@hotmail.com>
Sent: Monday, September 21, 2015 9:25 PM
To: Manning, Judy [IDPH]
Subject: Dry needling comment

Ms Manning,

I would like to make a comment on the question of physical therapists in Iowa being able to perform dry needling. As a PT, I believe it is something that is valuable for our profession. It is a technique used to address trigger points, which is something that I address on a regular basis.

Despite the fact that I do not perform dry needling I believe that I have the knowledge and awareness of anatomy that would allow me to perform this technique with only minimal additional training in the use of the needles. I feel like my education and experience has provided me the majority of information that I would need to perform dry needling.

I know that many acupuncturists are opposed to PTs performing dry needling, but I believe the purpose in PT is quite different from the purpose of acupuncture. I do not believe that I could perform acupuncture, because the theory behind acupuncture is different, and the technique is quite different.

Please consider these points, and continue to allow PTs to perform dry needling as an additional tool we use to care for our patients.

Thank you!

Clint Lutterman, DPT, OCS

21st Century Rehab, PC
Perry, IA 50220

Manning, Judy [IDPH]

From: Jim Elliott, Jensen Builders Ltd <jime@jensenbuilders.com>
Sent: Friday, September 18, 2015 12:54 PM
To: Manning, Judy [IDPH]
Subject: Dry needling on patients by Physical Therapists

I am writing to encourage you to keep allowing Physical Therapists in Iowa to perform dry needling on patients.

As a patient who has received dry needling as part of my treatment I have found it to be very effective and allowed relief of my symptoms quickly. In fact, it's been the only treatment that has had last effects for me. Before my treatment the physical therapist was very thorough to explain the risks of the treatment as well as the difference between acupuncture and the dry needling process.

It would be extremely disappointing if legislative restrictions limit the use of a procedure that is so effective.

Thank you for your consideration.

Jim Elliott
Cell - 515-570-4187
jime@jensenbuilders.com

Manning, Judy [IDPH]

From: Sheryl Clark <sherylaclark@gmail.com>
Sent: Thursday, September 17, 2015 5:01 PM
To: Manning, Judy [IDPH]
Subject: Physical Therapists / Dry Needling

Dear Ms. Manning:

I am writing to encourage you to keep allowing Physical Therapists in Iowa to perform dry needling on patients.

As a patient who has received dry needling as part of my treatment I have found it to be very effective and allowed relief of my symptoms quickly. Before my treatment the physical therapist was very thorough to explain the risks of the treatment as well as the difference between acupuncture and the dry needling process.

It would be very disappointing if legislative restrictions limit the use of a procedure that is so effective.

Thank you for your consideration.

Sheryl Clark

Manning, Judy [IDPH]

From: Hannah Clark <hannah.clark@my.simpson.edu>
Sent: Thursday, September 17, 2015 9:32 PM
To: Manning, Judy [IDPH]
Subject: Dry Needling Concerns

Dear Ms. Manning:

I am writing to encourage you to keep allowing Physical Therapists in Iowa to perform dry needling on patients.

As a patient who has received dry needling as part of my treatment I have found it to be very effective and allowed relief of my symptoms quickly. Before my treatment the physical therapist was very thorough to explain the risks of the treatment as well as the difference between acupuncture and the dry needling process.

It would be very disappointing if legislative restrictions limit the use of a procedure that is so effective.

Thank you for your consideration.

Hannah Clark
Simpson College
Apartment Area Community Advisor

Manning, Judy [IDPH]

From: lbrown_mpt <lbrown_mpt@yahoo.com>
Sent: Wednesday, September 16, 2015 9:26 PM
To: Manning, Judy [IDPH]
Subject: Dry Needling Comment

Hello,

I wanted to make a comment about dry Needling and how this is an important tool for many physical therapists in helping their patients. We have been using it for many years. It is safe. It has been effective in relieving pain for patients with muscular and facial pain. Although it involves using needles to puncture the skin, it does not at all follow the philosophies of acupuncture or eastern medicine. It involves using needles to disrupt pain and pressure receptors in the musculature to break spasms and lessen pain. This is an important tool for our profession that we need to keep in our practice.

Thank you,
Lindsay Brown

Sent via the Samsung Galaxy S@ 6, an AT&T 4G LTE smartphone

Manning, Judy [IDPH]

From: Kent Justice <kente.justice@gmail.com>
Sent: Saturday, September 12, 2015 6:49 PM
To: Manning, Judy [IDPH]
Subject: Stop dry needling by Physical Therapist

I have been going to Iowa Acupuncture since 1999. I broke my lower back to pieces in a 1995 ATV accident . I am full of steel and a Chiropractor could do nothing for me except put a shocking patch on and turn it on high. The Doctor was my niece and later she informed me nobody could take it on high but me!!

I found Acupuncture and after maybe 4 treatments my friends told me I was standing up straighter . When they determined they could not cure me they told me I did not have to come back-- I told them I wanted to because they had changed my life.

It is 16 years later and I know without them I would be in a wheelchair !! Could someone with 100 hours of training have done that for me? I doubt it.

Thanks for your time.

Kent Justice

Sent from my iPad Air

Manning, Judy [IDPH]

From: Connie Justice <connie.justice@gmail.com>
Sent: Saturday, September 12, 2015 6:59 PM
To: Manning, Judy [IDPH]
Subject: Dry Needling by Physical Therapists

I have been going to Bill and Beth Terrell at Iowa Acupuncture Clinic for several years.

I have Osteoarthritis and they are able to help me deal with my discomfort rather than using expensive medicines.

I don't want someone treating me that hasn't had sufficient training. Placing needles incorrectly in my neck could cause significant pain and problems. This is like any other treatment, you want only those properly trained and with a degree in acupuncture to treat you.

Connie Justice

Sent from my iPhone

Manning, Judy [IDPH]

From: CenturyLink Customer <suspun45@q.com>
Sent: Sunday, September 13, 2015 10:55 AM
To: Manning, Judy [IDPH]
Subject: Acupuncture

I would like to add my support to the Iowa acupuncturists who presented to your board on Friday, September 15. Anytime one is dealing with alternative therapies, he must be informed and cognizant of the training of the practitioner. In my experience, I was duped by someone who visibly advertised "acupuncture" as part of his practice. However, he had NO idea what Traditional Chinese Medicine entailed, and the treatment was useless. Fortunately, I was not harmed by this sham acupuncture; I worry others who may be fooled by someone practicing without proper education and suffer harm.

Professional acupuncturists have had at least two years of training and are accredited by a national board. Allowing physical therapists to continue "dry needling" is dangerous and, at the very least, ineffective. I urge you to either require physical therapists to have sufficient training in acupuncture from an accredited facility or to cease presenting themselves as having that training.

Acupuncture is very effective for a range of problems and illnesses. With the treatment, I've been able to decrease medication for back pain, knee arthritis, and injuries from falls. In fact, in California, acupuncture is covered by many insurance plans. Centuries of experience cannot be ignored when considering the profession. When performed by a well-educated and experienced acupuncturist, it is very effective.

Sincerely,

Susan Pundzak

Public Response Request:

Dry Needling

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Feel free to use this sheet to record your opinion on this public safety matter, so that your opinion may be submitted to the Board. You may also send letters or emails directly to the Board.

Please check any and all boxes for who you think should be able to use acupuncture needles:

Yes No

- Licensed Acupuncturists, 2500+ hours of training, Nationally Accredited Graduate Degrees.
- Doctors of Chiropractic, 100 hours of non-accredited, certified training.
- Physical Therapists, minimum 24 hours of training in Dry Needling.
- Athletic Trainers, minimum 24 hours of training in Dry Needling.
- Medical Doctors, with 0 to 300 hours of training.

Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

Your name: Robertson

More training should be required
for this practice. Robertson

Public Response Request:

Dry Needling

SEP 23 2015

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- Medical Doctors, with 0 to 300 hours of training.

Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

Your Name: Nicola Mendenhall

Oriental Medicine is complicated & those
professionals ^{trained w/ an M.S.} are the only ones who have
training enough to appreciate all the
intricacies of a whole, new/different way of
thinking & practicing this healing art.

Public Response Request:

Dry Needling

SEP 23 2015

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- Medical Doctors, with 0 to 300 hours of training.

Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

*l.jashby@BHHG-firstrealty.com
575-669-2139*

Your Name: Linda McFarlane (Ashby - professional name)

I have tried the M.D, D.O., Chiropractic route to solve
issues over the years and have found that acupuncture at
the hands of a Licensed Acupuncturist has been extremely

important to my well-being. All other caregivers would lack
the passion, training, and education to do what licensed
acupuncturist perform.
Thank-you, *Linda Q. McFarlane*

Public Response Request:

Dry Needling

SEP 23 2015

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- Athletic Trainers, minimum 24 hours of training in Dry Needling.
- Medical Doctors, with 0 to 300 hours of training.

Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

Your name: Lisa Brown

Public Response Request:

SEP 22 2015

Dry Needling

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- Medical Doctors, with 0 to 300 hours of training.

Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

Your Name: Jodi Allman

I do not feel comfortable having someone stick me with needles or telling me what they will help with unless they have a lot of experience.

Public Response Request:

SEP 22 2015

Dry Needling

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- Medical Doctors, with 0 to 300 hours of training.

Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

Your name: Therese Brommel Fontanini

I am so disappointed that anyone should be able to treat an individual w/ non accredited certified treatment training. It is my understanding the FDA says only the "solid filament" needle can only be purchased by qualified practitioners how can non accredited people purchase them?

~~There are~~ This is law breaking -

This is like letting professional people break the law. Plus they have inadequate →

training-

If some one put up a sign & said
they were an MD-Physician/therapist or etc.
they would put them in jail-

Public Response Request:

SEP 22 2015

Dry Needling

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Yes No

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- Athletic Trainers, minimum 24 hours of training in Dry Needling.
- Medical Doctors, with 0 to 300 hours of training.

Please use the space below to further explain you opinion (more space on the back):

Your Name (required): Mike Schakel

more on back...

Public Response Request:

Dry Needling

SEP 22 2015

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- Medical Doctors, with 0 to 300 hours of training.

Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

Your Name: Robin L. Cramer

I have been going to a licensed Acupuncturist
for over a year now for nerve pain caused
by cancer/chemo. I have recieved very
real results. I would hate for someone in my
position to have wasted hope and money on someone
without the training of a licensed acupuncturist.

Public Response Request:

SEP 22 2015

Dry Needling

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- Medical Doctors, with 0 to 300 hours of training.

Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

Your Name: Tony BARBAROSSO

I have been seeing A licensed Acupuncturist For quite some time
And I believe that they should be the only people with proper TRAINING
To do Acupuncture. I have been and seen others that claim to be just

As good or better than actual Acupuncturist, but I have to believe that they
ARE NOT. Anyone that specializes in any other form of Medical services should
stick to their TRAINED ~~profession~~ specialized occupation.

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Your Name: Mary Piazza

I have been a trained licensed
acupuncturist and it is impossible
to understand the complexities
of this science w/o proper training

It's not something you can learn
with a few to a couple hundred hours
training. This is a complex science
used for over 3,000 years.

It is the same to say you can
take a few education classes
and call yourself a doctor.

I believe much harm could
come from allowing untrained
providers to use this science,

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Dry Needling

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Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

Your Name: Avis VanWyk Date: 9-19-15

I have been a patient of a licensed acupuncturist since early in 2011. My chiropractor sent me to this man. My chiropractor didn't do any needling, nor would he have thought it safe. I've suffered with

Epithelioma. Since the mid 1980's and have also
of issues. Don't only the highly trained working
on me. Wouldn't go to a medical doctor who has
only had a few hours of training, nor to a surgeon, etc.
The same should apply here.

Dry Needling: Why it is a Problem

What is Dry Needling?

“Dry Needling” is a technique used predominantly by physical therapists, athletic trainers, chiropractors, and MDs. The treatment consists of a medical professional inserting a solid, filiform needle into a patient’s “trigger point” in the hopes of relieving tension or pain.

So what’s the problem?

Actually, there are multiple problems with physical therapists and other healthcare providers doing this therapy. They all come down to **inadequate education and safety**.

1. First and foremost, the “solid, filiform needle” that they are using is an *acupuncture* needle—often times even the same brand as we use in this clinic. Acupuncture needles are considered Class II Medical devices by the FDA, meaning they are more restricted and regulated than medical scalpels. On every box of acupuncture needles, the FDA requires that it be stated that acupuncture needles can only be purchased “by or on the order of qualified practitioners of acupuncture.” Physical therapists, or other non-acupuncturist medical professionals, shouldn’t even be able to buy acupuncture needles, let alone use them!
2. In order to be “qualified” to dry needle, physical therapists attend weekend Continuing Education courses—a tiny fraction of the training a licensed acupuncturist receives. Here’s a comparison of the education/training experience between acupuncturists and the typical physical therapist who wants to dry needle:

To have a Master of Science in Oriental Medicine, a student must complete:	To perform dry needling on patients, a Physical Therapist must complete:
<ul style="list-style-type: none">• 157.5 hours in Clinical Observation, watching professionals perform acupuncture.• 700.0 hours in Clinical Internships, performing acupuncture while observed.• 405.0 Classroom Clinical hours, obtaining the requisite knowledge to safely and effectively use acupuncture needles.• Licensed acupuncturists must continue to have 60 hours of Continuing Education every 4 years.	<ul style="list-style-type: none">• 25 total hours of training.<ul style="list-style-type: none">○ Only 13.5 hours of the above 25 hours is hands-on practice.○ The remaining 11.5 hours is supposed to teach them everything they need to know, in terms of contraindications and proper technique.• Subsequent classes are available, but not required.

Public Response Request:

SEP 22 2015

Dry Needling

On 11 September 2015, a handful of Iowa licensed acupuncturists attended the Iowa Board of Physical and Occupational Therapy's Meeting. On the agenda was time to discuss whether physical therapists should be able to perform a technique called Dry Needling. All of the acupuncturists in attendance spoke against PTs performing this invasive therapy, but physical therapists in attendance argued for the technique to be allowed. Following this meeting, the Iowa POT Board will allow public input on this matter *only until October 29*. Then they will deliberate and make a final decision in December. The Board published the following statement:

"Anyone from the public wishing to submit written comments or other documents may do so by mailing or delivering them to the [Iowa Physical and Occupational Therapy] Board office "Attn: Judy Manning" or by emailing them to Judith.manning@idph.iowa.gov.

All submissions must be received by October 29, 2015." The Board is located in the Lucas Building, at 321 E 12th St, Des Moines, IA.

Feel free to use this sheet to record your opinion on this public safety matter, so that your opinion may be submitted to the Board. You may also send letters or emails directly to the Board.

Please check any and all boxes for who you think should be able to use acupuncture needles:

Yes No

- Licensed Acupuncturists, 2500+ hours of training, Nationally Accredited Graduate Degrees.
- Doctors of Chiropractic, 100 hours of non-accredited, certified training.
- Physical Therapists, minimum 24 hours of training in Dry Needling.
- Athletic Trainers, minimum 24 hours of training in Dry Needling.
- Medical Doctors, with 0 to 300 hours of training.

NEVER!
I only want
educated professionals!

Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

Your Name: Jean Hobbie
Jean Hobbie

Public Response Request:

SEP 22 2015

Dry Needling

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Please check any and all boxes for who you think should be able to use acupuncture needles:

Yes No

- Licensed Acupuncturists, 2500+ hours of training, Nationally Accredited Graduate Degrees.
- Doctors of Chiropractic, 100 hours of non-accredited, certified training.
- Physical Therapists, minimum 24 hours of training in Dry Needling.
- Athletic Trainers, minimum 24 hours of training in Dry Needling.
- Medical Doctors, with 0 to 300 hours of training.

Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

Your Name: Roberta Bishop - Roberta Bishop

Public Response Request:

Dry Needling

SEP 22 2015

On 11 September 2015, a handful of Iowa licensed acupuncturists attended the Iowa Board of Physical and Occupational Therapy's Meeting. On the agenda was time to discuss whether physical therapists should be able to perform a technique called Dry Needling. All of the acupuncturists in attendance spoke against PTs performing this invasive therapy, but physical therapists in attendance argued for the technique to be allowed. Following this meeting, the Iowa POT Board will allow public input on this matter **only until October 29**. Then they will deliberate and make a final decision in December. The Board published the following statement:

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Please check any and all boxes for who you think should be able to use acupuncture needles:

Yes No

- Licensed Acupuncturists, 2500+ hours of training, Nationally Accredited Graduate Degrees.
- Doctors of Chiropractic, 100 hours of non-accredited, certified training.
- Physical Therapists, minimum 24 hours of training in Dry Needling.
- Athletic Trainers, minimum 24 hours of training in Dry Needling.
- Medical Doctors, with 0 to 300 hours of training.

Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

Your Name: Myra Thompson

I've experienced faux acupuncture from a
chiropractor who obviously didn't have necessary
training.

Public Response Request:

Dry Needling

SEP 22 2015

On 11 September 2015, a handful of Iowa licensed acupuncturists attended the Iowa Board of Physical and Occupational Therapy's Meeting. On the agenda was time to discuss whether physical therapists should be able to perform an acupuncture technique called Dry Needling. All of the acupuncturists in attendance spoke against PTs performing this invasive therapy, but physical therapists in attendance argued for the "Dry Needling" acupuncture technique to be allowed. Following this meeting, the Iowa POT Board will allow public input on this matter **only until October 29**. Then they will deliberate and make a final decision in December. The Board published the following statement:

"Anyone from the public wishing to submit written comments or other documents may do so by mailing or delivering them to the [Iowa Physical and Occupational Therapy] Board office "Attn: Judy Manning" or by emailing them to Judith.manning@idph.iowa.gov.

All submissions must be received by October 29, 2015." The Board is located in the Lucas Building, at 321 E 12th St, Des Moines, IA, 50319.

Feel free to use this sheet to record your opinion on this public safety matter, so that your opinion may be submitted to the Board. You may also send letters or emails directly to the Board.

Please check any and all boxes for who you think should be able to use acupuncture needles:

Yes No

- Licensed Acupuncturists, 2500+ hours of education(including 700-900 hours of supervised clinical internship) resulting in Nationally Accredited Graduate Degrees.
- Doctors of Chiropractic, 100 hours of non-accredited, certified training.
- Physical Therapists, minimum 24 hours of training in Dry Needling.
- Athletic Trainers, minimum 24 hours of training in Dry Needling.
- Medical Doctors, with 0 to 300 hours of training.

Please use the space below to further explain you opinion (more space on the back):

Your Name (required): Nanette Weber Schmidt

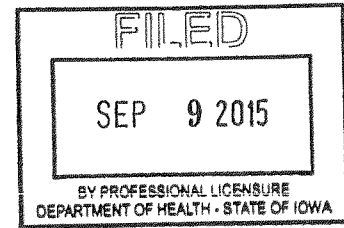
As with all professions, only those who are highly trained professionals should be using this technique.

more on back...



IOWA HAWKEYES

Athletic Training Services
The University of Iowa
1 Stadium Drive, Jacobson Athletic Building—Rm. 40
Iowa City, IA 52242-1186
Phone: 319-335-9506
Fax: 319-335-8126



September 9, 2015

Iowa Board of Physical and Occupational Therapy
Bureau of Professional Licensure
IDPH
Lucas State Office Building – 5th Floor
321 East 12th Street, Des Moines, IA 50319-0075

HAND DELIVERED

Dear Iowa Board of Physical and Occupational Therapy,

I have been made aware that the Iowa Association of Oriental Medicine and Acupuncture has filed a petition requesting a Declaratory Order from the Iowa Board of Physical and Occupational Therapy regarding "Dry-Needling/Intramuscular Manual Therapy." I am happy to see that the Iowa Association for Oriental Medicine and Acupuncture is taking a stand to prevent those that are not educated or have physician orders to perform dry needling and they are protecting the term acupuncture and acupuncturist to ensure all Iowa's are protected.

First, as an athletic trainer and licensed athletic trainer in the state of Iowa I am regulated in what I can do by the Iowa Board of Athletic Training. Because of the obvious confusion that could occur, I am not governed by other licensure boards. The Iowa athletic training law clearly articulates that athletic trainers act under the direction of a physician. As such when I am performing athletic training I act under the direction of a physician. When I perform Integrative Dry Needling I have obtained physician orders to ensure that my supervising physician agrees that performing IDN is indicated and appropriate for the patient I am working with.

Second, prior to taking the necessary course work I consulted with the Iowa Board of Athletic Training. In the letter back from the Iowa Board of Athletic Training it was verified that I and licensed athletic trainers practice "under the oral or written orders of a physician or physician assistant." Please see attached letter from the Iowa Board of Athletic Training (attachment number 1).

Third, I have obtained training through Integrative Dry Needling and have a certificate of successful completion. Please see Dr. Ma's Integrative Dry Needling certificate verifying I have satisfied all requirements of and successfully completed the Integrative Dry Needling Course for Pain Management and Sports Rehabilitation (attachment number 2).



IOWA HAWKEYES

Athletic Training Services
The University of Iowa
1 Stadium Drive, Jacobson Athletic Building—Rm. 40
Iowa City, IA 52242-1186
Phone: 319-335-9506
Fax: 319-335-8126

Fourth, research has been conducted to determine adverse events following trigger point dry needling: a prospective survey of chartered physiotherapists. In reviewing this article responses are classified as adverse events no matter how small were defined as unintended or non-therapeutic and sub classified as "significant" or "mild." Because former literature outcome findings were not clear on classification it is difficult to blend study's and have common interpretations among research papers. Instead of using time frames the occurrence of adverse events were expressed as percentages. Adverse events in this research included bruising, bleeding, pain during treatment, pain after treatment, aggravation of symptoms, drowsiness, headache, nausea, fatigue altered emotions, shaking, itching claustrophobia, and numbness. I am unaware of other athletic trainers in our state utilizing dry needling and thus have not compared results. I can report of all these adverse effects I have observed bleeding and pain has been reported during a treatment. None of the other adverse events have been observed or reported by my patients and no significant adverse effects have been appreciated. Further no adverse effects have lasted hours, a day or multiple days. Adverse effects in my practice have lasted far less than the time intervals cited in the research. Please see attachment number 3 for the complete article.

In closing I am grateful for the Iowa Association of Oriental Medicine and Acupuncture looking into this topic to protect Iowans. As health care providers we must look after the welfare and wellbeing of our patients. Because I have 1) followed the Iowa Board of Athletic Trainers Licensure Law and Rules (including physician orders to perform IDN) , 2) obtained clarification from the Iowa Board of Athletic Training that I can practice IDN under the AT Law and Licensure, 3) successfully completed prescribed course work, and 4) had fewer adverse effects lasting less time than experienced by others in research publications. I am confident that I can continue to practice AT following the laws and rules prescribed for LATs in Iowa.

Sincerely,

Doug West, PhD, ATC, LAT

Attachments:

- Iowa Board Athletic Training Letter
- IDN Certificate
- Brady Paper on Trigger Point Dry Needling



Iowa Department of Public Health
Promoting and Protecting the Health of Iowans

Gerd W. Clabaugh, MPA
 Interim Director

Terry E. Branstad
 Governor

Kim Reynolds
 Lt. Governor

Athletic
 Training
 515/281-4422

March 18, 2014

Barbering
 515/281-6959

Doug West, PhD, ATC, LAT, CSCS

Behavioral
 Science
 515/281-4422

930 Evashevski Drive JAB-64
 Hayden Fry Football Complex, The University of Iowa
 Iowa City, IA 52242

Chiropractic
 515/281-4287

Dear Dr. West:

Cosmetology
 515/281-4416

This is in response to your February 20, 2014, correspondence regarding the scope of practice for an Iowa Athletic Trainer, specifically, asking if the scope of practice for an athletic trainer includes the practice of dry needling. The Board's administrative rules do not specifically reference the practice of dry needling.

Dietetics
 515/281-6959

The practice of Athletic Training as defined in Iowa Code 152D.1 4 states:

Hearing Aid
 Dispensers
 515/281-6959

4. "Athletic training" means the practice of prevention, recognition, assessment, physical evaluation, management, treatment, disposition, and physical reconditioning of athletic injuries that are within the professional preparation and education of a licensed athletic trainer and under the direction of a licensed physician. The term "athletic training" includes the organization and administration of educational programs and athletic facilities, and the education and counseling of the public on matters relating to athletic training.

Massage
 Therapy
 515/281-6959

Iowa law provides that the practice of physical reconditioning shall be carried out under the oral or written orders of a physician or physician assistant. (IAC 152D.7 3)

Mortuary
 Science
 515/281-4287

It is the informal opinion of the board that the practice of dry needling is within the scope of practice for an athletic trainer in the state of Iowa provided the licensee can demonstrate that they have received training, are competent to perform the procedure, and it is carried out under the orders of a physician or physician assistant as part of a treatment plan.

Nursing Home
 Administrators
 515/281-6959

I hope this information will be helpful to you. Please be aware that this correspondence does not constitute a final action or ruling of the Board. Should you have any questions regarding this correspondence, please do not hesitate to contact me at 515/281-4401.

Optometry
 515/281-4287

Sincerely,

Physical &
 Occupational
 Therapy
 515/281-4287

Physician
 Assistants
 515/281-6959

Tony Alden, Board Executive
 Iowa Board of Athletic Training

Podiatry
 515/281-4287

Psychology
 515/281-4287

Respiratory
 Care
 515/281-4287

Sign Language
 Interpreters and
 Translators
 515/281-4287

Social Work
 515/281-4422



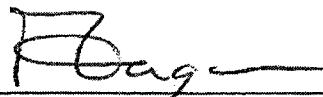
THIS CERTIFICATE IN DRY NEEDLING HEREBY ACKNOWLEDGES THAT

Doug West

Has satisfied all requirements of and successfully completed the
Integrative Dry Needling Course for Pain Management and Sports Rehabilitation.

Held on the May 16th-18th, 2014 in Cincinnati, OH
and hereby awards **25.5** Continuing Education Hours (25.5) Contact Hours

Ohio Approvals: PT #13S1845 / OT #140192



Dr. Frank Gargano PT, DPT, OCS, CIDN, MCTA, CWT, President Dr. Ma's Dry Needling Institute LLC

The recipient shall comply with all of the rules and regulations governing his or her profession in the state in which the recipient is licensed.

Certified by
ProCert Recognizing quality in
continuing competence
a program of the *fbps*

Adverse events following trigger point dry needling: a prospective survey of chartered physiotherapists

Sarah Brady¹, Johnson McEvoy², Jan Dommerholt³, Catherine Doody¹

¹School of Public Health, Physiotherapy and Population Science, University College Dublin, Belfield, Ireland,

²University of Limerick, Ireland, ³Shenandoah University, Winchester, VA, USA

Objectives: Trigger point dry needling (TrP-DN) is commonly used to treat persons with myofascial pain, but no studies currently exist investigating its safety. The aim of this study was to determine the incidence of Adverse Events (AEs) associated with the use of TrP-DN by a sample of physiotherapists in Ireland.

Methods: A prospective survey was undertaken consisting of two forms recording mild and significant AEs. Physiotherapists who had completed TrP-DN training with the David G Simons Academy (DGSA) were eligible to take part in the study. Data were collected over a ten-month period.

Results: In the study, 39 physiotherapists participated and 1463 (19.18%) mild AEs were reported in 7629 treatments with TrP-DN. No significant AEs were reported giving an estimated upper risk rate for significant AEs of less than or equal to (\leq) 0.04%. Common AEs included bruising (7.55%), bleeding (4.65%), pain during treatment (3.01%), and pain after treatment (2.19%). Uncommon AEs were aggravation of symptoms (0.88%), drowsiness (0.26%), headache (0.14%), and nausea (0.13%). Rare AEs were fatigue (0.04%), altered emotions (0.04%), shaking, itching, claustrophobia, and numbness, all 0.01%.

Discussion: While mild AEs were very commonly reported in this study of TrP-DN, no significant AEs occurred. For the physiotherapists surveyed, TrP-DN appeared to be a safe treatment.

Keywords: Myofascial pain, Dry needling, Adverse events

Introduction

Trigger point dry needling (TrP-DN) is an invasive treatment approach whereby a solid filament needle is inserted into a myofascial trigger point (TrP) in a muscle.^{1,2} A TrP consists of a hyperirritable spot in skeletal muscle, associated with a palpable nodule in a taut band. When compressed, TrPs may give rise to characteristic pain, tenderness, or motor dysfunction.³ Superficial dry needling (SDN) involves inserting the needle into the skin, fascia, and muscle overlying a TrP,⁴ whereas, with deep dry needling (DDN) the needle is inserted into the TrP with the aim of eliciting Local Twitch Responses (LTRs).⁵ Essential for obtaining therapeutic benefit with TrP-DN, LTRs are reflex spinal cord contractions of the muscle fibers in a taut band.⁶⁻⁸ Eliciting LTRs can reduce concentrations of nociceptive chemicals, such as substance P and calcitonin gene-related peptide, found in the immediate vicinity of active TrPs.^{9,10}

Trigger point dry needling is commonly used in clinical practice by physiotherapists in conjunction with other physical therapy modalities.¹ In many

countries, including Ireland, the United Kingdom, Canada, and Spain, TrP-DN has been recognized to fall within the scope of physiotherapy practice.¹ In fact, the term 'intramuscular manual therapy' is considered by some to be a more appropriate term for TrP-DN as this technique is closely associated with manual therapy.² Research is emerging supporting the use of TrP-DN for conditions such as back and neck pain,¹¹⁻¹³ shoulder pain,¹⁴ and upper quadrant myofascial pain.¹⁵ Furlan *et al.*¹⁶ conducted a systematic Cochrane meta-review of randomized controlled trials investigating acupuncture and TrP-DN for back pain. Trigger point dry needling was found to be a useful adjunct to other therapies in the treatment of persons with chronic low back pain. When used to treat individuals with temporomandibular pain and dysfunction, TrP-DN can also improve pain and movement.¹⁷⁻¹⁹ Non-invasive approaches, including TrP compression release and spray and stretch, are also used to treat TrPs.²⁰⁻²⁴

Trigger point dry needling is an invasive technique with potential for Adverse Events (AEs).

Searches of Pubmed, Medline, and CINAHL by the authors did not find any studies investigating AEs and TrP-DN beyond the level of case study.²⁵

Correspondence to: Sarah Brady, Care of: School of Public Health, Physiotherapy and Population Science, University College Dublin, Belfield, Dublin 4. Email: sarah.brady24@gmail.com

Evidence on the safety of needling techniques comes primarily from prospective studies investigating AEs following acupuncture.²⁶⁻³¹ Results from acupuncture AE studies cannot be extrapolated and applied to TrP-DN as it differs from acupuncture in the points treated and the method and depth of needle stimulation. As both involve the insertion of a solid filament needle, these studies do provide, however, potentially useful information about risks of needling therapies, similar to TrP-DN.

Witt *et al.*³⁰ carried out the largest prospective acupuncture study to date. Of the 229 233 patients who received 2.2 million acupuncture treatments, 8.6% of patients ($n=19\ 726$) experienced at least one AE. In this study, 24 377 AEs were reported, amounting to approximately one AE per 90 treatments (0.9%). Most were mild, including bleeding, hematomas, and pain. More serious events did occur with two reported cases of pneumothorax.³⁰ A prospective survey by White *et al.*,²⁸ involving physiotherapists and doctors, reported 2178 AEs in 31 822 consultations, giving an AE rate of 7%. The majority of these were considered minor AEs, including bleeding and bruising. Forty-three significant AEs were reported including one seizure, anxiety lasting 60 hours, cellulitis, and headache lasting 3 days. A significant event was defined as 'unusual, novel, dangerous, significantly inconvenient or requiring further information'. The lowest rate of AEs found in a prospective acupuncture study was in a study by Yamashita *et al.*,²⁶ whereby 94 mild AEs were reported in 65 482 acupuncture treatments (0.14%). The higher rates of reactions to acupuncture found in the literature include 11.4% (402 AEs in 3535 treatments) in a prospective acupuncture study by Ernst *et al.*,²⁹ which were not classified into mild or significant; and 15% in a prospective acupuncture study by MacPherson *et al.*,²⁷ however the majority of these could be viewed as positive such as feeling relaxed, and feeling energized.

The acupuncture evidence, although useful, is not sufficient for ensuring the safety of patients undergoing TrP-DN due to the differences that exist between the two techniques. Trigger point dry needling, especially DDN, is performed with greater needle depth and involves manipulating the needle within the muscle to elicit multiple LTRs,¹ whereas, with acupuncture, the needle commonly is inserted to the depth of the acupoint and manipulated gently until a dull ache called '*deqi*' is achieved.³² The needle may then be left *in situ* for as long as 15-20 minutes. Furthermore, the education of acupuncturists and physiotherapists using TrP-DN is considerably different.⁵ A specific study of AEs following TrP-DN was, therefore, deemed necessary. The aim of this study was to determine the incidence of AEs

associated with the use of TrP-DN as practiced by a sample of physiotherapists with David G Simons Academy (DGSA) training in Ireland.

Methods

Definition

For the purposes of this study, an AE was defined as 'any ill-effect, no matter how small, that is unintended and non-therapeutic'.³³ This was chosen to include mild events and events that occurred through error.²⁸ Based on severity, AEs were sub-classified as 'significant' or 'mild'. The definitions for 'significant' and 'mild' events were adapted from those proposed by Carnes *et al.*³⁴ In the current study, a 'mild' AE was defined as short-term and non-serious, with no change in function, whereas the term, 'significant', was chosen to represent moderate or major AEs, described by Carnes *et al.*³⁴ as medium to long-term events that are serious, distressing and may require further treatment. In the study by Carnes *et al.*,³⁴ specific time frames were not included in the final definitions of mild, moderate, or major AEs. However, the general consensus (>74%) was that mild AEs lasted hours, moderate AEs lasted days and major AEs lasted weeks. These differed from the time frames discussed in a separate study considering AEs from the patient perspective.³⁵ In that study, a mild AE was described as lasting from a matter of hours to 2 days by different participants. Moderate AEs could last from 1-5 days and major for more than 2 days. Due to these discrepancies in the literature and the multi-factorial nature of defining an AE,³⁵ it was decided not to impose a strict time frame on distinguishing a mild AE from a significant one.

Ethical approval

Exemption from ethical approval was granted by the Human Research Ethics Committee of University College Dublin on 23 June 2011.

Study design

A prospective questionnaire design was used in this study to avoid recall error.

Survey forms

The questionnaire consisted of two forms, modified with permission from those used by White *et al.*,²⁸ and a demographic data form. The forms were piloted by two physiotherapists for 2 weeks and subsequently, small changes were made.

Form A was used to record the number of TrP-DN treatments completed monthly and any mild AEs experienced. Specific headings for recording mild events included: bruising, bleeding, pain during treatment, pain after treatment, headache, and other mild AEs. This form was completed and returned monthly to the researchers. The form used to record

physiotherapists' demographic data was returned with Form A following month one.

On a separate form (Form B) participants recorded any significant AEs. This could include: needling problems (e.g. forgotten needles, pneumothorax); systemic effects (e.g. fainting, vomiting); influence on symptoms (prolonged aggravation); or other significant events. Participants were asked to record the muscle being treated when the event occurred, the technique used, any necessary medical intervention, and the outcome. Form B was returned with Form A at the end of each month.

Subjects

In the study, 183 physiotherapists who had completed TrP-DN training with the DGSA were eligible to take part. Training with the DGSA in Ireland takes 64 hours³⁶ and is available only to physiotherapists. This includes a two-day course on foundations of myofascial pain and MTrP palpation. Physiotherapists then complete two, three-day TrP-DN courses. DN 1 is concerned with needling safety as well as needling techniques for the upper and lower extremities. DN 2 is completed some months later with emphasis on the muscles of the trunk spine and pelvis. This model has been used extensively in Switzerland and other European countries.

Recruitment

Eligible physiotherapists were invited by email to take part in the study by one of the authors (JM). Potential participants were advised to email the principal investigator (SB) directly if they wished to volunteer for the study. Reminder emails were sent at two and four weeks to non-respondents.

Distribution

Following recruitment, packs were mailed to participants containing: an information leaflet, contact details of the researchers, nine copies of Forms A and B, a demographic data form and nine stamped addressed envelopes. Participants were informed that each respondent would be assigned a code for reporting and only the principal investigator (SB) would have access to the codes. Confidentiality was assured and participants informed that by volunteering for the

study they were giving consent for data to be used for this purpose.

Survey size

The study aimed to identify any rare AEs, meaning a sample size of greater than 10 000 treatments was necessary.³⁷ It was hoped to recruit a third of the 183 eligible physiotherapists (*n*=61). Through discussion with physiotherapists, it seemed reasonable that participants would use TrP-DN 20 times per month. A time frame of 9 months was calculated as being required to record 10 000 treatments.

Analysis

Results were analyzed using Statistical Package for the Social Sciences 18 (SPSS). Descriptive statistics were used to calculate frequencies of various AEs and rates of occurrence per 100 treatments.

Adverse Events were classified based on how frequently they occurred, ranging from very common (more than once in ten treatments) to very rare (less than once in 10 000 treatments) following the European Commission's (EC) recommended classification of AEs (Table 1).³⁷ Spearman's Rank Order Correlation (*rho*) coefficients were calculated to test for associations between participants' age, experience, TrP-DN experience, choice of SDN over DDN, and number of TrP-DN treatments completed with their rate of AEs. The Mann-Whitney test was used to compare medians for the seven most common AEs of participants with particularly high rates of AEs and the remaining participants.

Where an AE does not occur in a certain number of treatments (*n*), Hanley's Rule of Three³⁸ states that the upper risk rate is at most, three in *n* (i.e. 3/*n*). This was used to estimate the upper risk rate of AEs that did not occur.

Results

In the study, 183 physiotherapists were invited to take part. Of these, 51 volunteered to participate and questionnaire packs were posted to all 51. Of the 51 volunteers, 39 returned at least one Form A giving a response rate of 76.47%. Demographic data (Table 2) were provided by 35 of the 39 participants (89.74%). Of the remaining four participants, one reported forgetting

Table 1 European Commission's (EC) recommended classification of Adverse Events (AEs)³⁷

Very common	Common	Uncommon	Rare	Very rare
>1/10	1-10/100	1-10/1000	1-10/10 000	<1/10 000

Table 2 Demographic data for participating physiotherapists, *n*=35

	Age	Experience (years)	TrP-DN experience (months)
Mean	34.03	10.29	23.74
Standard deviation	8.21	8.89	16.73
Range	24-52	1-30	3-60

the form, the others did not respond to follow-up. The mean age of participants was 34 years (SD=8.21) with 30 females and five males taking part. The majority of participants worked in private practice ($n=23$, 65.7%), with four participants (11.42%) working within the Health Service Executive, which is the Public Health Sector in Ireland, and eight (22.86%), worked in both sectors. The respondents' physiotherapy experience varied from 1–30 years (mean=10.29) and TrP-DN experience from 3–60 months (mean=23.74).

Data were collected from September 2011 until June 2012 with each respondent asked to participate for 9 months. In total, 273 Form A were returned, detailing 7629 TrP-DN treatments. The majority of treatments (82.7%, $n=6312$) used DDN, with the remainder (17.3%, $n=1317$) using SDN. Three reports were excluded from analysis as two did not record the number of treatments completed and one was a duplicate. The number of treatments completed per practitioner varied from 10 to 990 (mean=195, $sd=204.16$). In this study, 1463 AEs were recorded, giving a rate of 19.18 per 100 treatments. All AEs were reported on Form A and considered mild. No Form B was returned, therefore no significant AEs were reported. Using Hanley's Rule of Three, the risk for significant AEs can be estimated to be at worst 1/2543 treatments ($\leq 0.04\%$).³⁸

Table 3 displays all mild AEs reported in the study. Data are presented in this table with rates per 100 treatments. The 'Extreme Values' column shows the highest recorded values for individual participants for each AE expressed as a rate per 100 treatments. Results are subsequently discussed using the guidelines suggested by the EC³⁷ and categorized from common (1–10/100 treatments) to rare (1–10/10 000 treatments).

According to the EC,³⁷ common AEs occur 1–10 times per 100 treatments. Four common AEs were

recorded in the study. Bleeding was the most frequently reported AE, with 576 reported incidents, giving a rate of 7.55/100 treatments. Bruising was the second most frequently reported with 355 cases (4.65/100), followed by pain during treatment ($n=230$, 3.01/100), and pain after treatment ($n=167$, 2.19/100). Using the EC classification,³⁷ five uncommon AEs were identified. These occur 1–10 times per 1000 treatments. Aggravation of symptoms occurred 67 times, giving a rate of 8.78 incidents per 1000 treatments (8.78/1000). This was followed by drowsiness ($n=20$, 2.62/1000), feeling faint ($n=17$, 2.23/1000), headache ($n=11$, 1.44/1000), and nausea ($n=10$, 1.31/1000).

Although the target of 10 000 treatments was not reached, an approximate rate for rare AEs was calculated based on the EC classification (occurs 1–10 times per 10 000 treatments).³⁷ Patients experiencing fatigue or altered emotions were each recorded three times in 7629 treatments giving an estimated rate of 3.93/10 000 treatments. Each of the following AEs were recorded once: shaking, itching, claustrophobia, and numbness, by different physiotherapists giving an estimated rate for each of 1.31/10 000 treatments. Further information was provided for these rare AEs. The patient who was shaky recovered after 3 minutes. Itching was felt in the referral area of the gluteus medius for 2–3 minutes, which then dissipated. Numbness was experienced in the area of needling for 12 hours, a complete recovery ensued. Prone lying was the cause attributed to one patient experiencing claustrophobia during TrP-DN. The practitioner was unsure if TrP-DN was a contributing factor and changing the patient's position relieved this.

A large range was noted in the rate of AEs recorded per participant. The mean rate of AEs per 100 treatments was 24.18 ($sd=20.09$) with figures ranging from 3.13 to 93.1. Analysis using the Kolmogorov–Smirnov test revealed data were not

Table 3 Types of Adverse Events (AEs) reported in 7629 treatments with trigger point dry needling (TrP-DN)

Event	Cases reported	Number per 100 treatments	Number (%) of physiotherapists reporting none	Extreme values recorded by individual practitioners per 100 treatments
Bleeding	576	7.55	4 (10.25)	32.23, 30
Bruising	355	4.65	3 (7.69)	26.09, 21.84
Pain during treatment	230	3.01	9 (23.08)	20.75, 20.69
Pain after treatment	167	2.19	14 (35.9)	20.69, 18.4
Aggravation	67	0.88	22 (56.41)	10.99, 5.75
Drowsiness	20	0.26	32 (82.05)	4.44, 3.26
Feeling faint	17	0.22	28 (71.79)	4.17, 2.5
Headache	11	0.14	31 (79.49)	1.15, 1.1
Nausea	10	0.13	31 (79.49)	2.7, 2.22
Fatigue	3	0.04	37 (94.87)	1.77, .27
Emotional	3	0.04	37 (94.87)	1.59, .27
Shaky	1	0.01	38 (97.44)	3.03
Itching	1	0.01	38 (97.44)	0.47
Claustrophobia	1	0.01	38 (97.44)	0.16
Numbness	1	0.01	38 (97.44)	0.47

normally distributed therefore non-parametric tests were chosen for analysis. Analysis using Spearman's Rank Order Correlation (ρ) revealed no significant correlation between the participant's age (Correlation coefficient (r_s) = -0.113, $P=0.520$), experience (r_s = -0.175, $P=0.316$), TrP-DN experience (r_s = -0.121, $P=0.487$), choice of SDN over DDN (r_s = -0.027, $P=0.878$), or number of TrP-DN treatments (r_s = -0.164, $P=0.346$) with the rate of AEs.

Six participants reported rates of AEs per 100 treatments that were greater than 1 sd above the mean (>44.27 AEs per 100 treatments). The Mann-Whitney test was used to compare medians for the seven most common AEs between these six participants and the remaining 33 participants. Medians were significantly higher among the outliers for bleeding ($P=0.003$), bruising ($P=0.001$), and pain during treatment ($P=0.003$). Medians were higher for the remaining AEs but were not statistically significant for pain after treatment ($P=0.758$), aggravation ($P=0.154$), drowsiness ($P=0.898$), and feeling faint ($P=0.148$).

Discussion

In this study, AEs were reported in 19.18% ($n=1463$) of treatments using TrP-DN. Adverse Events would therefore be considered very common.³⁷ All AEs reported were mild and no significant AEs were reported. This implies that the estimated risk of significant AEs using Hanley's Rule of Three³⁸ was $\leq 0.04\%$ (3/7629). Therefore, in this study, the estimated rate of significant AEs can be considered, at worst, rare. Although no significant AEs occurred, the results should be interpreted in light of the sample size of the current study. Studies using greater numbers of treatments are needed to determine a more accurate rate of significant AEs.

When compared with similar prospective studies on acupuncture, the AE rate of 19.18% reported in this study appears high. Yamashita *et al.*²⁶ reported a rate of 0.14%, followed by Witt *et al.*³⁰ at 0.9%, White *et al.*²⁸ at 7%, and Ernst *et al.* at 11.4%.²⁹ Many factors may have contributed to the comparatively high rate observed in the current study. A different methodology was used by Witt *et al.*,³⁰ whereby AEs were reported by the patient. Patients view AEs differently from practitioners, with a change in function an important factor in whether a patient defines an event as adverse.³⁵ This may mean under-reporting of mild AEs if function is unaffected. AE reporting by practitioners versus patients has not been investigated for physiotherapeutic modalities, but, in other disciplines differences have been found.^{39,40} In Yamashita's study,²⁶ AEs were only reported if the practitioner or patient felt it was a problem, which may account for the low rate of AEs in their study (0.14%).

The current study used a similar methodology to White *et al.*,²⁸ but that study reported a lower rate of AEs, 7%. Acupuncture and TrP-DN differ in the points treated and methods and depth of needle stimulation, and therefore are not directly comparable. It should be noted that there are many different schools of acupuncture with different treatment points and techniques.⁵ The manipulation of the needle with TrP-DN to elicit multiple LTRs¹ is distinctly different from acupuncture where the needle is normally inserted to the depth of the acupoint and manipulated gently until a dull ache called '*deqi*' is achieved.³² It is likely that compared with acupuncture, TrP-DN could lead to more local microtrauma resulting in bruising, bleeding, and pain.⁴¹ In the current study, however, no significant AEs were reported in 7629 treatments, giving an upper risk rate for significant AEs of $\leq 0.04\%$.³⁸ This compares favorably with 0.14% in the study by White *et al.*²⁸ and 0.22% (AEs requiring further treatment) in the study by Witt *et al.*³⁰ The estimated risk of significant AEs in this study ($\leq 0.04\%$) is also much lower than that reported for some over-the-counter pain medications (aspirin, 18.7%; ibuprofen, 13.7%; and Paracetamol, 14.5%).⁴²

In the current study a large variation is seen in the rate of AEs reported per participant with figures ranging from 3.13–93.1/100 treatments with six of the 39 participants reporting particularly high rates of AEs. Among these six participants, rates of reporting of bruising ($P=0.003$), bleeding ($P=0.001$), and pain during treatment ($P=0.003$) were significantly higher compared with the other 33 participants. Participants were instructed to record any bruise as an AE, but the recording forms did not state how much bleeding or what level of pain constituted an AE. The definition of an AE was printed on all forms, but it is conceivable that different participants made interpretations as to what was meant by an AE. Varied rates of reporting could also arise due to differences in needling techniques or patient cohorts. The reasons for these differences are unknown as a follow-up of participants was not part of this study's methodology. White *et al.*²⁸ carried out a follow-up of participants with high rates of reporting and found that these participants had reported slight discomfort or a single drop of blood as an AE. Similar follow-up may be beneficial in future studies on TrP-DN. The definition used in the current study was chosen to be capable of identifying mild and significant events,³³ however, the delineation between what constitutes an expected and acceptable consequence of treatment and what is adverse is unclear. A recent Delphi study introduced the term 'not adverse' for events that are mild and transient with no alteration in function,³⁴ which were deemed by experts to be an acceptable consequence of treatment. When the patient perspective is considered,

mild pain with unaltered function may not be considered adverse.³⁵ Further studies may use an alternative system of reporting to account for events considered 'not adverse'. Problems can also arise due to the lack of consistency in the terms used for recording recording AEs. Calls have been made to standardize terminology.⁴³ This variation in terminology makes comparisons between similar studies difficult.

There are a number of limitations to the current study. No significant AEs were reported, therefore, the risk of significant AEs could only be estimated using Hanley's Rule of Three.³⁸ This should be interpreted with caution as it is only an estimation, and further large-scale studies are indicated. Participants may have been reluctant to report events where negligence could be inferred, as participants were potentially identifiable. Future studies should consider the benefits of anonymous reporting. Some AEs may have been wrongly attributed to TrP-DN, as participants were not asked to judge causality, thus leading to possible over-reporting of mild AEs. This study was designed as a prospective study in an effort to obtain the most accurate results. However, as forms were returned at the end of each month, it is possible that participants completed the forms retrospectively at the end of each month rather than as each event occurred, introducing the possibility of inaccurate reporting.

Adverse Events can and do occur with needling therapies and when choosing a treatment approach, the risk of both mild and significant AEs must be discussed with patients.⁴⁴ Clinicians should strive to maintain safety at all times and this paper provides practitioners using TrP-DN with a means of discussing the known risks in order to obtain informed consent.

Conclusion

Almost 20% of treatments with TrP-DN by the physiotherapists in this study resulted in a mild AE. Common AEs include bruising, bleeding, and pain. No significant AEs occurred and the estimated risk of significant AE was $\leq 0.04\%$ by Hanley's Rule of Three.³⁸ This must be viewed in light of the scale of the study and further large-scale studies are warranted.

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The authors wish to thank the participants in the study, whose contribution made this study possible. We are very grateful to Dr Adrian White for access to, and permission to modify his questionnaire.

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Letter: Greetings,

Stop Dry Needling by Physical Thearpists

Comments

Name	Location	Date	Comment
ROSE HOSEK	ROCKWELL CITY, IA	2015-08-27	I want people to be safe, no matter what therapies they choose use use for their health. To know that when a professional offers a therapy, it is because they are highly trained to perform that therapy safely. I want people to know that when they accept such treatment from a professional they can do so with out fear of being seriously injured.
deborah symonds	des moines, IA	2015-08-27	I agree completely.
Mary Petermeier	Carlisle, IA	2015-08-27	Acupuncture has definite, definable results. Why would you chance not ensuring the best results possible results and avoid potential harm to your person and hire someone who isn't schooled and professionally trained to administer this procedure? Professional or not, if a practitioner hasn't been schooled and trained in the art and science of acupuncture, then they should not be permitted to administer it. Would you consider letting an ear, nose and throat guy perform a triple bypass procedure just because he's technically a doctor?
Jane Craiger	Des Moines, IA	2015-08-27	I believe very thorough training is needed to perform this ancient healing technique.
john wilson	baltimore, MD	2015-08-27	I've worked at an acupuncture school for 20+ years and know how much training is involved to become proficient. Also I grew up in Iowa and want the best for Iowans.
Kathy Atcheson	Waukee, IA	2015-08-27	I believe more training should be involved to perform acupuncture
Kristine Lantz	Des Moines, IA	2015-08-27	I want only highly trained people held to a standard doing risky work on my person.
Malinda Patch-Gray	Indianola, IA	2015-08-27	I completed 1 semester of acupuncture training - it is intense! This is not something that should be "learned" in 1 weekend class for CEUs...If you want to practice Acupuncture you need to do the course work and understand the discipline!!!
Jim Loos	Grimes, IA	2015-08-27	Nobody should be doing any form of acupuncture but licensed acupuncturists!
Debbie Breaux	Robins, IA	2015-08-28	My reason for signing is what they are doing is illegal. As a cancer patient who is now fighting this disease now for the 3rd time and I am appalled that someone would do this without the proper education. Put their asses in jail.
Lynne Drakos	Breckenridge, CO	2015-08-28	Dry needling is acupuncture done by practitioners that have very limited education and training. Acupuncture should be done by acupuncturists NOT physical therapists.
Paula Secker-Johnston	Altoona, IA	2015-08-28	I believe that acupuncture should be practiced by licensed professionals.
Patrick Boltinghouse	Des Moines, IA	2015-08-28	This practice is just stupid! Even body piercers know to use lubricants!
Beth Bishop	Clive, IA	2015-08-28	I trust my professionally trained acupuncturists. I would never accept treatments from people with only 24 hours training!
Julie Gardner	Ankeny, IA	2015-08-28	I am a PT and I am also a firm believer in acupuncture. The longer I go to acupuncture, the more I realize there is so much more to acupuncture than the application of needles learned in a weekend course. My biggest concern is for the safety of our patients.

Name	Location	Date	Comment
Diane Kolmer	West Des Moines, IA	2015-08-28	This type of treatment is very dangerous if not done by nationally certified Licensed Acupuncturists and those trained in the Oriental Medicine. Physical therapists are not trained sufficiently in the subtleties of this work. Untrained physical therapists have performed 'dry needling' and have collapsed their clients lung, or their action resulted in permanent nerve damage. This is very dangerous for the citizens of Iowa. Ignorance by the licensing board does not excuse this type of work being done by unlicensed people. I pay taxes in the state of Iowa for protection from those whose actions can result in personal injury or property damage. I expect to get that from this licensing board. Educate yourselves as to the nature and extent of Licensed Acupuncturists with extensive documented knowledge of Oriental Medicine.
Nancy Jacobson	West Des Moines, IA	2015-08-28	A piece of paper is not Expertise. Another name for a bad practice is not a good practice.
Tania Kac	Des Moines, IA	2015-08-28	I believe acupuncture needs to be done by well-trained practitioners. Acupuncture is more than sticking needles in people.
Kathy Nesteby	Ames, IA	2015-08-29	.
Shelly Teague	Rockwell City, IA	2015-08-29	I go to an acupuncturist, she does an awesome job with me. She is very informative and knows exactly what she's doing. She also has had training for her position. There is room for acupuncturist, just like drs, dentist, etc. Let them do their jobs just like everyone else does. I will continue going to my acupuncturist even if my Dr takes it up.
Katherine Chuapoco	Des Moines, IA	2015-08-29	As a licensed acupuncturist, I believe in the importance of proper education and training for anyone providing care by using an acupuncture needle. Please support this movement to ensure safe acupuncture and to eliminate dry needling in Iowa.
Byong Yi	West Des Moines, IA	2015-08-29	Because I have friends that are highly educated in this field and don't want uneducated persons making them look bad.
Julie Betts	Des Moines, IA	2015-08-29	There is no substitute for working with actual experience of the real acupuncturist.
Ashley Goddard	Bellingham, WA	2015-08-29	Acupuncture is an invasive medical procedure that is outside the scope of practice for Physical Therapists. It takes many, many hours of training to understand how to wield a needle safely, not to mention understanding the underlying mechanisms and theory guiding the practice of acupuncture. Physical Therapists attempting to dry needling are barely amateurs in the art of needling and are a risk to their patients. Visit http://acupuncturesafety.org/ for more information on how the unlicensed practice of acupuncture is being stopped in other states. Good luck, Iowa!
Kathy Anderson	Prole, IA	2015-08-29	It is not in their scope of practice. .why would you let podiatrist operate on you heart...thus is no different
Theresa Sampson	Des Moines, IA	2015-08-29	It is important, for everyone's safety, that Acupuncture only be done by a fully trained and Licensed Acupuncturists.
ROb Giordano	New York, NY	2015-08-30	Dry needling is acupuncture and acupuncture should be performed only by LICENSED ACUPUNCTURISTS!
Angela Fingler	Calgary, Canada	2015-08-30	Most if not all PT's have a very limited understanding of what and how acupuncture works. Their training in it is minimal. It is a disservice to the public to allow undertrained people perform what is essentially substandard acupuncture.

Name	Location	Date	Comment
Menal McGrath	Torrance, CA	2015-08-30	It has taken me four years of intense training to learn the entire process of acupuncture. How, why, when, where, and what... Dry needling is an oversimplification of needling and can potentially harm patients. Please do not allow dry needling by PTs.
Cory Nyenhuis	Omaha, NE	2015-08-30	I am an acupuncturist in Nebraska
Ignatius Rusli	Irvine, CA	2015-08-30	To perform acupuncture should be well trained license Acupuncture otherwise will danger the patients !
katarina Ryan	Pasadena, CA	2015-08-30	Please, Dry Needling is s form of acupuncture and sticking needles in people only after a weekend course, is a public safety risk
Rob Hoffman	Los Angeles, CA	2015-08-30	Acupuncture is a core aspect of Traditional Chinese Medicine and should only be practiced by those who have completed training at accredited schools of Chinese Medicine, and have passed the National Board exam.
Raul caoili	National City, CA	2015-08-30	Physical therapist who wants to practice dry needling should go to the same curriculum and formal training as a state licensed acupuncturist have gone through.
Catherine Niemiec	Phoenix, AZ	2015-08-30	Seeing what is happening in other states, allowing dry needling causes problems. Not only does the public recognize it as acupuncture despite its renaming, they expect the same training, safety and more. If a PT describes all their western medicine training, it misleads the public to think they have all the necessary acupuncture training (which the World Health Organization deems to be over 1000 hours if one is not an MD). This type of ruling creates liability risks for the PT, hospitals who hire PTs to do this, and the legislature/state that has to deal with lawsuits from creating a law without ensuring proper and sufficient training for safe practice for consumers. Don't be misled by what the PTs are saying as it is purely a political movement to expand their scope without having fully studied (with other experts of other professions) the required training for this seemingly innocuous but highly invasive procedure. The Academy of Medical Acupuncturists has issued a policy statement against dry needling for this reason, and as we see an increase of pneumothorax incidents due to dry needling (extremely rare among trained acupuncturists), it is the public that suffers. -Catherine Niemiec, JD, L.Ac. President & CEO, PIHMA College Former Chair & Commissioner of Accreditation Commission for Acupuncture & Oriental Medicine
sally abrams	san francisco, CA	2015-08-30	its not safe to have physical therapists use acupuncture needles with minimal education. If acupuncture needles are used, its acupuncture. Dry needling traditionally uses hypodermics.
Elizabeth Carter	SEATTLE, WA	2015-08-30	I'm originally from Iowa and am now an acupuncturist in WA. I would hate to see people injured by this uninformed practice.
Barbara Lee	Aurora, CO	2015-08-30	TCM Acupuncture training takes over three years to learn. Dry needling is not acupuncture, and only takes a week end course. Many people who have done dry needling has given acupuncturist a bad name. If they want to use needles they need to take the same training as real acupuncturist. Or maybe acupuncturist can start taking a week end course to learn chiropractic, Physical therapy or MD to do their jobs?????

Name	Location	Date	Comment
irene kane	San jose, CA	2015-08-30	Acupuncturists go to school for 4 years (after under-grad). These 3000 plus hours are dedicated to training practitioners how to safely provide Acupuncture and effectively diagnose. Allowing Physical Therapist to do an invasive therapy with a couple hundred hours of training would do the public and grave disservice. Under-training is irresponsible and dangerous. If you research articles on adverse side effects of Acupuncture; you will find it rarely comes from licensed Acupuncturists rather from Chiropractors, P.T. and even MDs who are not properly trained in the modality of Acupuncture.
Tracee Beaumont	Alvin, TX	2015-08-30	This is an issue that os occurring all over the US amd it needs to stop. Under my scope of practice I am not allowed to do PT, MD, RN, or Chiro procedures and frankly I am glad because I have not be trained in them. So why is okay for other to do this with acupuncture. Acupuncture is a complete health system that too me 4 years to learn. I would need a PT license to practice PT so it shoulx be required that all others do the same.
Eloise Albrecht	Tujunga, CA	2015-08-30	I am signing for reasons of public safety. I was trained in a 'dry needling' style in my acupuncture school, and I know it is more complicated than a weekend course.
Diana Beilman	Portland, OR	2015-08-30	Dry needling causes more harm than good. Practitioners are not well trained in this technique which is often invasive and can be detrimental to health when performed by anyone other than a licensed acupuncturist.
Matthew Mann	St. Petersburg, FL	2015-08-30	Physical therapists don't have the proper training to insert needles. They don't know what cnt(clean needle technique) training is. This practice by PT's is a danger to the general public.
Reagan Barry	Houston, TX	2015-08-30	I am signing because dry needling is ashi point needling and is under the licensed acupuncturists scope of practice and should not be done by physical therapists. It is an insult to the five years of graduate scool education I received in acupuncture to allow physical therapists to take a short course and suddenly practice acupuncture but under a different name. Not only is it dangerous, it is ineffective and misleading when practiced in this fashion.
Lavanga Carter	oceanside, CA	2015-08-30	Every time you hear of an acupuncture mishap, it is due to dry needling. Acupuncturists study for 4000-5000 hours, whilst physical therapists do a couple hundred. They are not qualified to practice acupuncture.
Dennis Kaz Kasunic LAc	Portland, OR	2015-08-30	This endangers the public and the publics perception of my medicine, Acupuncture!
Krissy Barritt	Denver, CO	2015-08-30	I am a nurse and acupuncturist and instead of taking an unethical shortcut to poach another profession I went to an accredited program to understand and utilize the full scope. It's a huge safety issue! Why can't we work together for the benefit of the person?
Phillis Hiraga	Ann Arbor, MI	2015-08-30	Training and quality standards of care must be met. Look for a Licensed Acupuncturist to meet these standards to provide proper and safe care.
Kellie Krasovec	Edwards, CO	2015-08-30	I am a fully trained, educated and licensed Acupuncturist, and am frustrated that this amazing medicine is being co-opted. I would never have been ready to insert needles into bodies without thousands of hours of study and internship.
Karin Six	San Diego, CA	2015-08-30	Ruins legitimate acupuncture.
Wagner Mello	New York, NY	2015-08-30	I am signing it because only license and trained acupuncturists are able to use acupuncture needles to treat.

Name	Location	Date	Comment
Anne 'Sri' Crute	berkeley, CA	2015-08-30	An acupuncturist's training in CA is over 3,000 hours and includes understanding needling local to a musculoskeletal pain pattern and the significance of treating those areas on internal health. If PTs, doctors or other caregivers wish to use a modality in our scope of practice, they should respect our medicine and become trained in it.
Brooke Foreman	Austin, TX	2015-08-30	Practitioners should treat patients within their scope of practice. As an acupuncturist, you wouldn't see me adjusting people or doing PT on a patient- (even though I learned it in school)
Christina Captain	Sarasota, FL	2015-08-30	Acupuncture requires proper training and board certification to be appropriately and safely performed on the public. Not to mention the fraud that medicare will endure with billing. As well acupuncture needles are class II medical devices and shouldn't be sold to p.t.s.
Maureen Larkin	Washington, DC	2015-08-30	Dry needling is dangerous.
Irene Herrera	Eagle, MI	2015-08-30	Only licensed acupuncturists should be allowed to practice acupuncture. The public is at a health risk when others, who are under-trained, attempt such a precise skill.
Alyson Bayer	Spring, TX	2015-08-30	Acupuncture requires proper training and board certification to be appropriately and safely performed on the public. Not to mention the fraud that medicare will endure with billing. As well acupuncture needles are class II medical devices and shouldn't be sold to p.t.s.
Suz graham	mayo, Ireland	2015-08-30	Acupuncture is the application of needles into the body by fully trained practioners in the concept of the Chinese medicine.
Tracy Hackett	Washington, DC	2015-08-30	I'm a licensed acupuncturist with 4000 hours of training. PTs are encroaching on our scope of practice without a clue about what they are doing. They endanger the health and well being of the public with their wreckless use of acupuncture. Dry needling IS acupuncture. PTs should not be allowed to pierce the skin. Their entire scope is based upon manipulation of the tissues by way of manual therapy and exercise, not the insertion of needles.
Jess Birmingham	cornwall, United Kingdom	2015-08-30	I'm am a properly trained acupuncturist and want to see this system of medicine used effectively and safely and not brought into disrepute by poorly trained practitioners.
Lauren Cylkowski	Austin, TX	2015-08-30	All practitioners should be practicing within their scope of practice! PT's do not have the proper training for what is basically acupuncture.
Larry Pannell	Laguna Beach, CA	2015-08-30	Acupuncture should be administered only by FULLY trained acupuncturists with either a Masters Degree or PhD. in Oriental Medicine...taking a handful of courses or being certified does not mean the same thing as having a license
Gordana smith	Elkton, FL	2015-08-30	Dry Needling by PTs is plane wrong; they should take the acupuncture board and never be allowed until they pass it (like acupuncturist). They don't have an adequate training and consistently hurt people giving TRUE acupuncture bad name@
Jason Calva	Crystal, MN	2015-08-30	I'm an acupuncturist, I've spent years learning how to safely needle patients. A PT needling after a weekend course isn't safe for patients.
Jeff Lorenzen	Des Moines, IA	2015-08-31	I support the need for better training in this technique
Maggie Tracey	Vallejo, CA	2015-08-31	I am concerned about public safety. Feel strongly that if you do acupuncture you must be educated and pass licensing exams!
zarik vardanyan	Boca Raton, FL	2015-08-31	I don't think anyone will allow a dentist to do a heart surgery. Stick to what you know, physical therapy.

Name	Location	Date	Comment
Laura Coleson-Schreur	Towson, MD	2015-08-31	As an acupuncturist I am concerned with the safety and limited educational training that Physical Therapists are receiving before using this invasive procedure. Acupuncture is a many thousand year old tradition that is far more than sticking needles where it hurts or where a muscle is tight. This practice devalues this long tradition of treating the root cause of problems not just putting a bandaid on it.
erica easter	casselberry, FL	2015-08-31	I DO NOT support dry needling by improperly trained PTs.
Amy Mager	Springfield, MA	2015-08-31	There is a reason acupuncturists attend school for four years and need to pass a National exam to practice. There are many techniques within acupuncture. Dry Needling is an effective one and all who want to practice it need to be licensed as acupuncturists. Please protect patients and have clear standards for the use and practice using filiform/acupuncture/dry needles. Changing the name while putting an acupuncture needle into an ahshi acupuncture point does not change the fact that it's acupuncture and needs to be licensed and practiced as such. Amy Mager MS, LicAc
Grace Minnella	Maywood, NJ	2015-08-31	Please do not let an inexperienced physical therapist cause damage to patients by using the so called "dry needling". If anyone pierces a skin with a needle, it's Acupuncture, plain and simple. That person needs a master's degree in acupuncture. Too many people have been injured by people claiming to know what they were doing.
Sandra Wilkes	Stilwell, KS	2015-08-31	Physical Therapists are well trained in Physical therapy modalities, but not well-trained in needling.
Carola Stepper	Hood River, OR	2015-08-31	I am a Licensed Acupuncturist and have a Master's degree and once you read this article you may understand better why I signed this petition: http://www.liveoakacupuncture.com/dry-needling
Aimee Bonneval	Portland, OR	2015-08-31	I'm signing because I am a licensed acupuncturist, who spent 4+ years, full time, studying CHINESE MEDICINE. There are theory and techniques that licensed acupuncturists spend years learning and the practice of dry needling not only dismisses our learning, but also potentially makes needling dangerous, as it is practiced by those who do not take the time to learn it properly.
Jason Bussell	chicago, IL	2015-08-31	The WHO standard for training in acupuncture is 2000 hours. The US standard is 3000 hours. MD's who want to learn acupuncture must take a 500 hour course. These PT's change the name and assert competence in as little as 27 hours. This is dangerous to the public and is the exact reason why we require such stringent training and oversight of anyone who is legally allowed to practice acupuncture.
Gregory Boyle, L.Ac, Dipl Ac NCCAOM,	Leawood, KS	2015-08-31	I wrote the law for licensing in Missouri, and it is appalling to me that anyone would consider using this highly technical procedure with so little training and supervision. "If you don't know where you're going, don't do it" ?! If you had proper training, you'd know where you were going! SHAME! SHAME! SHAME!
Katherine MacKenzie	South Glens Falls, NY	2015-08-31	It's dangerous to allow this! PTs who want to do dry needling should go to acupuncture school where it is taught extensively.
Lesley Hamilton	Austin, United States Minor Outlying Islands	2015-08-31	Acupuncturists are the most qualified and trained to do dry needling - which is merely acupuncture by another name. Public safety is at risk if dry needling is allowed by untrained, poorly trained, or under-trained physical therapists, chiropractors and others.

Name	Location	Date	Comment
Allison Suddard	Evergreen, CO	2015-08-31	I am a licensed acupuncturist. I do what is now commonly called "dry needling" style in my practice. The educational video shown to needle iliocostalis is shocking and blatantly ignorant of proper technique. This lack of basic knowledge and over-confident needling is extremely dangerous. Please consider amending your governance of physical therapists and dry needling and withdraw their rights to offer this treatment.
Scott Bailey	Earlham, IA	2015-08-31	Safety and efficacy of acupuncture is critical. Minimally trained practitioners do the practice of acupuncture and TCM an injustice and jeopardize the safety and health of patients.
Donna Guthery	Houston, TX	2015-08-31	They are performing acupuncture without acupuncture training. They use acupuncture needles. This is acupuncture without appropriate training.
Stacy Lauren-Kon	los angeles, CA	2015-08-31	PT's do not have the proper education to practice Acupuncture! It is far more complex than just sticking needles where the pain is. Do not destroy an ancient medical practice!!!!!! It is also dangerous to the public to have someone untrained practicing this.
Linda Handley	Bettendorf, IA	2015-08-31	I am a Licensed Acupuncturist.
Jolene krieps	Phoenix, AZ	2015-08-31	I am an acupuncture student.....this is not fair to our 5 years of studies and not safe for the public ! Shame on you Iowa, I expected more from my home state!!!!
Frantz Duclervil	Fort Lauderdale, FL	2015-08-31	Against dry needling for physical therapist. If they want to insert needle they must meet the same requirements For acupuncturist.
Elizabeth Williams	San Dimas, CA	2015-08-31	As a licensed acupuncturist and Iowa native, I understand the need for only highly trained and qualified acupuncturists to use acupuncture needles and techniques.
Dena Thompson	Grimes, IA	2015-09-01	I'm signing because I think there should be standards, educational requirements and oversight for all medical procedures, including acupuncture, which is what dry needling is.
Kelly Potts	Clearwater, FL	2015-09-01	I'm signing ..im an acupuncture physician and feel like dry needling is a sloppy way to do what acupuncture can do!
William Morris	Austin, TX	2015-09-01	The idea that dry needling is not acupuncture is an attempt to mislead the public. http://www.acupuncturetoday.com/mpacms/at/article.php?id=32752
Jennifer Lewis	Northglenn, CO	2015-09-01	Dry Needling isn't safe
Carol Handley	Bettendorf, IA	2015-09-01	I go to a licensed acupuncturist that has had over 3000 hours of training This is a public safety issue
Devatara Holman	Sausalito, CA	2015-09-01	no Dry needling outside of acupuncture profession!
Andrea Burgess	Urbandale, IA	2015-09-01	I am a licensed massage therapist and strongly believe that this treatment should only be given by highly trained and licensed acupuncturist who have more training and knowledge in this medical practice to prevent injury.
Jon Chamberlain	Overland Park, KS	2015-09-01	Acupuncturists should be trained properly. Physical Therapists are not. Calling this unsafe procedure "Dry Needling" is nonsense and is dangerous to the public and damaging to the true acupuncture professionals.
Kitty Wong-Robertson	Wichita, KS	2015-09-02	I am signing because it is horrendous that the people who are not properly trained performing Dry Needling or Intramuscular Manual Therapy. They are putting people's lives in danger. Those people could be your parents, kins, uncle and aunts, friends or neighbors too...

Name	Location	Date	Comment
Susan Pundzak	Des Moines, IA	2015-09-04	Only fully trained acupuncturists can safely treat using TCM principles and practices.
Joshua Singer	Montpelier, VT	2015-09-04	The acupuncturists in Vermont have the same concern and action happening.
Twila Rankin	Knoxville, IA	2015-09-04	I think only Graduate Degree Licensed Acupuncturists should do acupuncture. No one but a licensed Acupuncturist will ever touch me, I have the greatest.!
Jenna Anthofer	Carroll, IA	2015-09-04	Acupuncture and dry needling requires extensive extra training. More than can be learned in a weekend seminar. Practitioners need proper training.
John Emanoil	Clive, IA	2015-09-04	I support this petition. Physical Therapists are undertrained to be practicing Dry Needling (Acupuncture). This is a dangerous precedent.
Emily Hurm	Altoona, IA	2015-09-04	Patient safety.
Mari Schultes	Coon Rapids, IA	2015-09-04	It is time to make sure trained and licensed acupuncturists are the only professionals to use acupuncture on clients.
Donna McAdams	Escondido, CA	2015-09-04	Acupuncturists are trained to know how to use needles. 3000 hours!
Sara Pamela Star	Mount Vernon, IA	2015-09-04	I am Licensed Acupuncturist, practicing in Iowa.
heather falkenbury	bellingham, WA	2015-09-04	I am a licensed acupuncturist in WA state, and believe acupuncture should only be performed by licensed acupuncturist with proper training. "Dry needling" is unsafe.
Rayna Stengel	Hollywood, FL	2015-09-04	I'm an acupuncturist, and I want to remain one.
Alan Genitempo	Nutley, NJ	2015-09-05	I am an acupuncture student in Manhattan who will eventually practice in NJ. I want to see an end to this as I believe it threatens the integrity of ac practice, at the state and without doubt the federal level.
Jamie Szybala	Tucson, AZ	2015-09-05	Dry Needling is unsafe and untrained acupuncture. It puts the public in danger.
Bree Dellerson	Redmond, WA	2015-09-05	I am an acupuncturist and understand the dangers of those not properly trained needling people. It diminishes our ability to provide proper care when people go to untrained therapists using needles and causing injury. It also circumvents our years and thousands of hours of training to receive a Masters of Science degree, as others co-opt our modality to incorporate it into their treatments without any understanding of what it is they are doing. It is equivalent to us taking a weekend course and being able to do chiropractic adjustments, or treating as if we were medical doctors. This is a public safety issue.
Ginger Nguyen	Redmond, WA	2015-09-05	I want PTs to have proper training before practicing acupuncture
Catherine Zwergel	Evanston, IL	2015-09-05	Dry needling by those who are not trained properly as licensed acupuncturists, poses a threat to patients well-being.
Kimberly Shotz	portland, OR	2015-09-05	I am a state board licensed acupuncturist and nurse practitioner. I have completed 6 years of graduate schooling for this, 4 for acupuncture and herbal medicine. This level of preparation protects my patients. Anyone practicing any form of acupuncture should have this level of prep for patient safety and safety and integrity of my profession .
Jasmine Patel	Lake Oswego, OR	2015-09-05	It is a public health hazard to have PT's doing "dry needling". Patients will be at risk for pneumothorax, internal organs being punctured and severe hematomas. Please keep acupuncture in the scope of properly trained acupuncturists for public safety and for the validity of the Chinese medicine.
Christina Van Norman	Damascus, MD	2015-09-05	I am signing because dry needling is acupuncture done by amateurs who are dangerous to their patients

Name	Location	Date	Comment
Jim Martin	Hillsboro, OR	2015-09-05	We've been through this blatant infringement on our profession and scope of practice already in Oregon, and won. I support other states in protecting their profession against others who attempt to illegally infringe upon it.
Douglas Huggins	Cedar Rapids, IA	2015-09-05	They are not TRAINED in acupuncture
Catherine White	Houston, TX	2015-09-05	I am a Licensed Acupuncturist, with over 3000 hours of Master's Degree level education. PT's doing dry needling are THE major source of ALL adverse Acupuncture accidents, due to their complete lack of in depth training and exceptionally aggressive techniques. They are a danger to the general public, and creating a HUGE stigma to legitimate, highly trained professional LICENSED Acupuncturists.
Suzanne Burnell	Gainesville, FL	2015-09-05	You need extensive training to use acupuncture needles safely and physical therapists do not receive and acupuncturists do. PTs should do what they do best, not acupuncture!
Karen Hershman	Escondido, CA	2015-09-05	I am an acupuncturist who was born in Iowa.
sherra cunningham	los angeles, CA	2015-09-05	4 years of Master's level training, plus over 1000 hours of supervised clinic work, graduation exams, board exams, etc are required to become a licensed acupuncturist. Please protect the integrity of our knowledge and healing work. PTs are great, but they are NOT acupuncturists. As we acupuncturists would have to take several years of education to become physical therapists, PT's should have to do the same to become acupuncturists. I've known many who have done this. Safety is most important and the public deserves this protection. Thank you for your consideration of this matter.
John Schreckengost	Chicago, IL	2015-09-05	For an acupuncturist to become certified, he/she has to spend at least 660 hours in clinical training. Physical therapists shouldn't be able to practice a form of acupuncture (dry needling) with only a weekend of training.
Cynthia Lai	Los Angeles, CA	2015-09-05	I don't agree with dry needling. Licenses should be required for anyone to administer acupuncture treatments
Melanie Richardson-Severo	Brooklyn, NY	2015-09-05	Physical therapists do not have adequate education to perform needling techniques.
Jamie Smith	Austin, TX	2015-09-05	Physical therapist do not have enough training. They should not be working outside of their scope of practice.
Hilary Skellon	Louisville, CO	2015-09-05	PTs are not trained to properly administer acupuncture
Katie Walker	Somerville, MA	2015-09-05	It's unsafe for those who do not have proper training (licensed and graduated trained professionals with thousands of hours of supervised training) to insert needles into the body. Everyone should abide by the same training and safety standards if they are to insert needles into the body.
Harmony Brown	Lake Worth, FL	2015-09-05	I'm an Acupuncturist! I am trained in acupuncture with 3,000 hours. Dry needling IS acupuncture, there is no difference. The only difference is the level of skill in which its being administered. I'm signing so "dry needling" errors doesn't ruin our good name as acupuncturists!
Danielle Barker	Westport, CT	2015-09-05	I'm signing this to not only protect the profession of acupuncture and its reputation but more importantly to protect patients and keep them safe from improperly trained practitioners who have very few hours of training.
Katrina Haley	Mission Viejo, CA	2015-09-05	It cheapens the medicine

Name	Location	Date	Comment
Gayla Woodenlegs	Ferndale, WA	2015-09-05	I'm signing because regardless of the abilities of PTs, MDs, DCs, unless they have been fully trained as an Acupuncturist, they should not be doing dry needling. There are a number of ways they can cause harm. For example, there are points that can cause miscarriage in a pregnant woman. Acupuncturists train for several years. Should we be allowed to take a few classes and then do adjustments, prescribe drugs or perform simple surgeries?
Gina chapman	Australia	2015-09-05	im signing this because I believe that dry needling is dangerous. A short course is not long enough to understand the consequences of your actions.
Adolfo Lopez	Riverside, CA	2015-09-05	Dry needle/acupuncture practiced by a practitioner without the proper education is a public health hazard.
Nicole Rieks	Bothell, WA	2015-09-05	Need to protect patients and Acupunture profession.
Maya Kron	New York, NY	2015-09-05	We should all practice within our own scope of practice. Dry needling can be very harmful to the patient. It takes years to become an acupuncturist. Needling should only be done by licensed acupuncturists
Amy Guinther	Madison, WI	2015-09-05	Dry needling is essentially acupuncture into trigger points and to ensure safety to the public, PT's should be required to obtain the equivalent training that acupuncturists receive. Especially when needles are placed in dangerous places such as over the lungs.
Greg Carroll	Denver, CO	2015-09-05	PTs should not be using acupuncture needles.
jeanie mossa	salem, MA	2015-09-05	I am a licensed acupuncturist who knows that it takes more than a few weekends to learn how to properly needle and diagnose patients.
Kathy Yocum	Edison, NJ	2015-09-05	I am a Licensed Acupuncturist in Ny.
rebecca blankenship	Yorktown, VA	2015-09-05	I believe that procedure should be done by a licensed acupuncturist .
Heather Usry	Pompano Beach, FL	2015-09-05	I am an acupuncturist we learn how to properly use the techniques. People's lives are in danger and this needs to stop if you havent had the proper training and experience.
Liz Miller	Fort Madison, IA	2015-09-05	I receive acupuncture regularly and I am horrified that others could do this with so little training.
Janet Holmes	Algona, IA	2015-09-05	This is not right and dangerous.
Mark Nolf	Weddington, NC	2015-09-05	I am a licensed acupuncturist with over 3200 hours of education and training 800 of them being an internship and passed 4 board examinations. I believe needling patients requires this type of rigorous training and testing to provide patients with a safe, effective treatment.
Janet Lee	San Diego, CA	2015-09-05	I believe practitioners who practice dry needling have insufficient training and are endangering the public.
Scott Nause	Newton, NJ	2015-09-05	I am a licensed acupuncturist that went to acupuncture school for 4 years to learn the proper way to do Chinese Medicine and you can't let physical therapists do acupuncture/Dry needling with a few weekend courses and without being licensed. This is not safe. This is detrimental to the patient as well as our acupuncture profession. If they want to do dry needling/acupuncture they should go to Acupuncture school and get licensed just like us. Would you allow us to do physical therapy with a couple weekend courses??
Kerry Kott	Tampa, FL	2015-09-05	I'm signing because properly trained professionals should be performing this type of needling.

Name	Location	Date	Comment
Nancy Corsaro	Carrollton, TX	2015-09-05	I'm signing in support of Iowa residents who may receive acupuncture from a non-qualified physical therapist! Licensed Acupuncturists are highly trained and skilled in acupuncture; Physical Therapists are not, and should be banned from performing acupuncture under the guise of 'dry needling'. Dry needling technically would be inserting hypodermic needles without any liquid in the barrel. Thank you.
Stephanie McCall	Gainesville, FL	2015-09-05	PT's need special training with hundreds of hours of practice and pay 50,000 to be educated in ethical Acupuncture values. It's not just about fixing pain with a needle stick!
Robin Schaefer	Aurora, OR	2015-09-05	I believe needling should only be done after a proper training course (measured in years not hours).
Kristi Harrison	Nashville, TN	2015-09-05	Pretty sure the D.O. that performed dry needling on me regularly after a two day course, was stabbing nerves repeatedly because I was never the same after. That was in 1993. Please save others from it :)
Kristi Vanderstock	San Diego, CA	2015-09-05	Leave needling to the properly trained professionals.
Amy Leibbrand Balm	Waukegan, IA	2015-09-05	People need to be qualified!!
Mark Hurm	Altoona, IA	2015-09-05	Would you prefer to fly in a commercial flight with a pilot that has 1 week of training or with a pilot that has over 2 years experience. Same difference
Aaron Cashman	Philadelphia, PA	2015-09-06	Dry needling by untrained or little-trained PTs is dangerous.
Kerry Jenni	Montpelier, VT	2015-09-06	PT do not have enough training to perform this technique. It is dangerous and should be illegal.
Jacqueline Berkowicz	Chicago, IL	2015-09-06	to protect the profession of acupuncture and protect the safety of patients.
Vivian LeHew	Des Moines, IA	2015-09-06	I support this practice being done only by licensed acupuncturists, who have received extensive training in oriental medicine and acupuncture.
S. Michel	Chicago, IL	2015-09-06	I'm signing because I'm an acupuncturist who knows that dry needling is acupuncture and is beyond the scope of practice for physical therapists.
Rodd Sanchez	Sydney, Australia	2015-09-06	Strongly support that acupuncture should be done by Acupuncturist. Dry needling is placing people in danger with under training
Rabab Al-Amin	Cockeysville, MD	2015-09-06	I'm signing to protect consumers.
Kuan Su	Evanston, IL	2015-09-06	PTs don't have the education to do acupuncture properly and it's out of their scope of practice!
Robert Youngs	Marina del Rey, CA	2015-09-06	I'm outraged by this lack of medical foresight.
Jann Gest	Aurora, CO	2015-09-06	Of my concern for public safety and the profession of acupuncturists who should be the ones using these modalities since they have adequate training.
David Mishoulam	San Diego, CA	2015-09-07	PT's simply don't have the training to be a safe and effective acupuncturist. Let's face it, if you use acupuncture needles to needle someone you are performing acupuncture. They need to get the education, the license, and take the national exam like the rest of us.
Ramona Colbert	Venice, CA	2015-09-07	This is a safety issue that needs to be addressed.
Colby White	Adel, IA	2015-09-09	I am a personal testimate on how the proper application of acupuncture can significantly assist in healing

Name	Location	Date	Comment
Kerry Morton	Beaverton, OR	2015-09-09	I am signing this petition because I am a Licensed Acupuncturist in Oregon who has had thousands of hours of education for my masters and just completed my doctorate, so 6 years of education total and two trips to study in China. I do not think that the training for dry needling is sufficient and it is very dangerous and unethical to give a green light to such a minimally trained person. If I were to attend a weekend seminar to learn adjustments or even minor surgery, that would be seen as very subpar training to the point of endangering the safety of patients. Isn't this the root of the argument? Patient safety? Thank you.
Brooke Kruger	Ames, IA	2015-09-10	I think all health care professionals should be licensed.

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Recipient: Iowa State Senate, Iowa State House, State Rep. Linda Miller, State Rep. Marti Anderson, State Rep. Rob Taylor, and State Rep. Ako Abdul-Samad

Letter: Greetings,

Pass Acupuncture Licensure HSB 101 and an Amendment to end MD/DC Exemptions.

Comments

Name	Location	Date	Comment
Christine McKinney	Waukee, IA	2015-02-08	It takes years of training to acquire the level of skills to actually perform healing acupuncture, their trade should be certified and protected. This amendment is crucial to maintain the high level of skills necessary to truly heal with acupuncture. Who would you rather have treating you, someone who had thousands of hours and certifications or a few hundred hours with only basic information and training?
Mary Petersen	Johnston, IA	2015-02-08	I want only
Jazmin Terrell	Urbandale, IA	2015-02-08	I believe that people who do acupuncture should be trained.
Galit Freylack	Des Moines, IA	2015-02-08	Acupuncture isn't a hobby.... It can seriously help people... Or hurt them, if not properly trained... Acupuncturist go to school for many years full time.... And should be required to do so.... The human body is a complex machine...and needs to be treated as such...
Beth Terrell	Clive, IA	2015-02-08	very important to protect lowan's from Chiropractors who pretend to be Acupuncturist .
Cecelia Munzenmaier	Des Moines, IA	2015-02-08	I've had acupuncture from a D.O. and a licensed acupuncturist. The D.O. followed a formula and never changed the needle placement. The licensed acupuncturist adapts the needle placement each time and, not surprisingly, gets better results. Acupuncture is an ancient tradition of treatment that cannot be mastered by just taking a few courses.
Judy Sebern	Des Moines, IA	2015-02-08	acupuncture has helped my health and I want to know who has had full training.
Diane Kolmer	West Des Moines, IA	2015-02-08	Acupuncture has been a very important part of my daily living with multiple sclerosis. While I still have traditional pharmaceutical regimens, this acupuncture lessens my muscle spasticity, my fatigue, my insomnia and other MS symptoms. This Chinese medicine is not someone's weekend project. This is a full 4 year traditional oriental medical school with all the underlying complications that make this a rigorous complete specific education about acupuncture.
Pamela Whitmore	Des Moines, IA	2015-02-08	I have had acupuncture and the expertise of the practitioners is paramount. Too many fakes out there. Our safety as clients needs to guaranteed and that can be done in the graduate level training licensing process and certification.
Sherri Benson	Le Claire, IA	2015-02-08	Accountability and malpractice!
Andrea Lazar	santa monica, CA	2015-02-08	I am a Board Certified and State Licensed acupuncturist and herbalist and I am interested in the public's safety in every state, not just my own
Anne Severs	West Des Moines, IA	2015-02-08	Only trained and licensed providers should be allowed to perform acupuncture procedures.
Marcy White	Boston, MA	2015-02-08	I want to protect my profession from people that are unqualified to practice this medicine safely and effectively.

Name	Location	Date	Comment
Iowa Acupuncture	Clive, IA	2015-02-08	As two of the original Licensed Acupuncturists practicing 18 years in Iowa, we have seen the need for the proper training for acupuncturists. Unfortunately, we often see a person who has almost given up hope on acupuncture because their poorly trained Doctor or Chiropractor has failed to help them. Medicine is a very complicated science and art. Without proper training patients are injured or left with a curable disease. We hope this petition will help Iowa remove the exemption that allows Doctors and Chiropractors to practice acupuncture with little to no training. Our patients deserve competent medical professionals.
dave S	Hugo, MN	2015-02-08	I agree.
Jim Loos	Grimes, IA	2015-02-08	Control of practitioners is the only guarantee they are qualified.
Malina Chin	Lincolnshire, IL	2015-02-08	Public safety depends on well educated practitioners. Don't let someone get hurt by someone with a weekend class.
Patrick Pieczynski	Davenport, IA	2015-02-08	I agree with the petition
Jennifer Williams	Southern Pines, NC	2015-02-08	Too many uniformed consumers are being injured or paying premium fees for substandard training. Public safety and ethics
Gretchen Rivas	Wilmington, NC	2015-02-08	I am an acupuncturist with 4 years of acupuncture education and training and I believe everyone should have to have the same to practice.
Maureen Bailey	Iowa City, IA	2015-02-08	It is very important to have the required training and testing before using this incredible technique.
Mona Robbins	Saint Paul, MN	2015-02-08	Acupuncture should only be performed by MAOM and licensed acupuncturists.
Tammy Lehman	Altoona, IA	2015-02-08	Acupuncture needs to be done by licensed people only
Jason Bussell	Chicago, IL	2015-02-08	The WHO standard for acupuncture training is 2000 hours. In the USA, our standard is 3000 hours. MD's and DC's do not have training in this field of medicine and should not be allowed to practice it without reaching the standard of training that all others are required to reach.
Carolyn Walker	Urbandale, IA	2015-02-08	Seems reasonable. A licensed MD/Internist I know spent 300+hours/trips to Berkeley to become certified...included hands on...seems like they required a lot of him at the time.
Dan O'Neill	Portland, OR	2015-02-08	Acupuncture will prove to be a cost effective tool for public health. This bill helps to maintain the safety and standards of those practicing this practical and effective medicine.
Mona Lee Yuan, L.Ac.,OM	Oceanside, NY	2015-02-08	I'm a L.Ac, OM in NYS ANDY a licensed PT. As acupuncturist and a PT I I feel PT's are not qualified to do dry needling. They should stay in the realm of their practice.
Mary Catherine Benedetto	Aiken, SC	2015-02-08	it is important to maintain the strengths and integrity of this unique and powerful form of medicine.
Kristi Vanderstock	San Diego, CA	2015-02-08	Please hold all practitioners of acupuncture to the national standards. Practitioners who are properly trained post the greatest benefit to public safety.
Lora Fraracci	Des Moines, IA	2015-02-08	It makes sense!
Jason Stillwell	Davenport, IA	2015-02-08	im a firm believer in the bennifits of acupuncture. It has helped me tremendously.
Marcy L'Hommedieu	Savannah, GA	2015-02-08	I am signing this because I grew up in Hartley, Iowa. I would like the citizens of Iowa to always be treated with the utmost education, which means that weekend acupuncture courses do not provide the education to treat someone with acupuncture. Find an acupuncturist that has been trained at an accredited acupuncture school and has passed NCCAOM exams.

Name	Location	Date	Comment
Melanie Kuehn	Sierra Vista, AZ	2015-02-08	signing to protect public
John Link	Lima, NY	2015-02-08	I not only believe this needs to happen in Iowa, as an acupuncturist practicing in New York State, I'm hoping that it also ends up happening here too. Thanks for your pioneering work Iowa! Blessings Of Love & Light~ Rev. John C. Link
Julie Lynch	Minneapolis, MN	2015-02-08	Public safety is necessary.
Douglas Blanchard	Minneapolis, MN	2015-02-08	I am signing because I am from Iowa and I am now taking classes in MN at Northwestern Health Sciences University to become a Licensed Acupuncturist, and if I do plan to come back and practice, this is very important and needs this support. If you are going to practice Acupuncture, YOU NEED TO GO THROUGH THE SCHOOLING AND COMPLETE THE TRAINING! Not just spend a weekend and get a certificate!
Sharon Maas	Waukee, IA	2015-02-08	patient safety
Erin murphy	Fort Lauderdale, FL	2015-02-08	i have seen the outcome of under trained, under educated therapist doing acupuncture. It is a public risk.
Jennifer Winer	Minnetonka, MN	2015-02-08	I am an acupuncturist and every practitioner should go through our masters degree training before allowed to practice acupuncture. Just because they have a medical license does not mean they are qualified.
Gloria Lawson	Savannah, GA	2015-02-08	Because it is beyond stupid for an untrained or poorly trained MD or DC to be able to perform acupuncture.
Rhonda collins	Buffalo, IA	2015-02-08	I chose accupunture over doctors & meds it works also if that the case chiropractic can file with ins company then so should accupunture people
patrick boswell	Rochester, NY	2015-02-08	The risk of patient injury using acupuncture needles is much higher when when the practioner is not adequately trained.
Anne 'Sri' Crute	berkeley, CA	2015-02-08	Signing helps prevent the practice of acupuncture by practitioners with little or no training. It is vital to preserving the theory and practice that makes acupuncture effective.
Eric Gruenhagen	Davenport, IA	2015-02-08	I am signing because this form of medicine real and requires professional standards sand as traditional medicine which often does not work.
Dan Wilbur	Berkeley, CA	2015-02-08	i'm working on becoming NCCAOM certified to practice acupuncture (suddenly aka 'dry needling'). if people are going to practice acupuncture without training, that's unsafe and gives acupuncture a bad name and everyone loses.
andrena bonte	Oakland, NJ	2015-02-08	I am signing because Acupuncture is a profession that requires expertise and schooling and knowledge and especially practical hours. Acupuncture is NOT a side line job. Would you let just anyone do surgery? would you let anyone do tax returns? This is all the same.
Cassandra Segal	New Orleans, LA	2015-02-08	I'm an acupuncture student and I believe this will protect both patients and acupuncturists. Thank you
Dr. Angela Lambert	Portsmouth, NH	2015-02-08	Respect for this ancient form of treatment - only those who are truly trained in all aspects of this amazing work should be practicing it.

Name	Location	Date	Comment
Adolfo Lopez	Riverside, CA	2015-02-08	I'm signing because allowing practitioners to perform acupuncture without the necessary training and licensing is a public health neglect. For example, in San Diego, California, last month a chiropractor caused a pneumothorax on a patient when he gave her an acupuncture treatment. The chiropractor is not in compliance with state laws and regulations, that require chiropractors to obtain an acupuncture license in order to practice acupuncture. To obtain a license, chiropractors need to fulfill the education and clinical internship required by the California Acupuncture Board to be able to sit for examination. If cases like that take place on a state with clear laws and regulations, what can we expect to happen if health care practitioners are allowed to practice acupuncture without proper training and license?
Daniel Tague	Philadelphia, PA	2015-02-08	I'm an acupuncturist, and this is an important issue. The proper training should still be required, as accidents caused by improperly trained people affect the entire profession. It doesn't matter if you are highly skilled in other areas of the medical arts. Improperly trained doctors are still puncturing patients' lungs, due to a lack of proper needle depth because they did not have adequate training.
Theresa Sampson	Des Moines, IA	2015-02-08	You would not go to a podiatrist to have a tooth pulled...so why should you go to anyone calling themselves an acupuncturist if they are not fully licensed as an acupuncturist?
Shana Grams	Little Falls, MN	2015-02-09	I'm a licensed acupuncturist that strongly agrees you must have a degree and license in acupuncture in order to practice acupuncture.
Kellie Krasovec	Edwards, CO	2015-02-09	I am a Licensed Acupuncturist in Colorado, and strongly oppose the use of acupuncture needles by anyone not fully educated and licensed in Chinese Medical theory.
Jennifer Vangalder	St. Petersburg, FL	2015-02-09	As an acupuncture student, I will always support my profession to withhold a recognition and understanding of our professional education to the public.
Amy Gulling	Urbandale, IA	2015-02-09	I am a teacher. I went to 4 years of school to be a teacher. I would want my children to have a teacher that is educated and has passed all the necessary credentials. Same is true for acupuncture. Chiropractors and Doctors need to have the hours of class work and training before they can perform acupuncture on patients.
Sarah Zanolini	Alhambra, CA	2015-02-09	I am shocked that the current situation in Iowa allows people with minimal (100 hour) training in acupuncture to practice, as it is precisely these individuals whom are most likely to cause negative side effects of acupuncture such as pneumothorax. Requiring proper licensure for the practice of acupuncture (through the NCCAOM standard) helps ensure patient safety and professional integrity.
Emily Hurm	Altoona, IA	2015-02-09	It's extremely important to ensure our medical professionals have the appropriate training for their profession.
Georgia Carr	Denver, CO	2015-02-09	Acupuncturists have rights!
honami watanabe	Vancouver, Canada	2015-02-09	I think most of the public don't know about this reality, which is very manipulative. Acupuncture is what they do, and what TCM acupuncture is 100% different in effectiveness. Because TCM acupuncture treats with people, not the symptoms.
susan kimpton	Pueblo, CO	2015-02-09	I have been legally practicing acupuncture in three states for over 20 years, and none of the states that I'm licensed in has required a MD or Chiropractor to either refer or monitor me! Please do not stand in the way of acupuncturists in Iowa!

Name	Location	Date	Comment
Karin tomesh	Minneapolis, MN	2015-02-09	I am a student who has spent countless hours and money earning my three year degree & Masters in CAOM. I deserve to have my profession protected like any other health care provider; it is my duty to protect the general public from people making false claims about what they are capable of treating.
Liana Russo	Melrose Park, PA	2015-02-09	i am a 3rd year acupuncture student, and after 3 years of full time practice and study, it is clear to me that no one (medically trained or otherwise) can safely and effectively practice acupuncture with under 3000+ hours of training, which is what acupuncturists are required to have in order to become nationally certified. It is insulting and negligent to allow medical doctors and chiropractors appropriate the scope of practice of rigorously trained acupuncturists when they do not have adequate training.
Nancy Jacobson	West Des Moines, IA	2015-02-09	Iowa has so many backwards laws. Allowing acupuncture without the right training is one of them.
Christine Knight	Portland, OR	2015-02-09	Dry needling is only within the scope of acupuncturists. Patients are at risk being needled by people without the training of an acupuncturist.
Natália Souza	Brasilia, Brazil	2015-02-09	I believe is safer
Courtnei Gondreau	Minneapolis, MN	2015-02-09	This is a huge issue for our profession. TCM is a complex medicine and should be respected as a whole profession not as an easy quick fix as other professionals are using it as. It took us years to develop the understanding of this medicine and even with our Masters we have yet to learn so much more. To have little to no training is an insult.
Tanya Werner	Minneapolis, MN	2015-02-09	Acupuncture student & nurse. I believe in being qualified to do your job well.
Raine Ramsey	Austin, TX	2015-02-09	As outlined in the petition allowing non trained doctors perform acupuncture is unfair to the profession and disregarding the reckless nature of allowing woefully trained doctors and chiropractors to perform acupuncture. I would not allow a acupuncturist to perform a chiropractic or osteopathic manipulation therefore why is the reverse allowed. This is as dangerous to the consumer as the lack of laws in the real estate industry permitting any rogue business to be licensed to do mortgage loans with zero to little training and no licensing for the loan officers. This as we are all now aware of was catastrophic to the economy. Please take heed. Thank you.
Rachel Clark	Park Ridge, NJ	2015-02-09	Acupuncture heals various pains and aches, allergy, cold and flu symptoms--without side effects or expensive lab tests. In short, it is better than visiting MDs.
Beverly krasovec	Friday Harbor, WA	2015-02-09	i do not believe anyone without an acupuncturists education should use these needles!
allen thao	Inver Grove Heights, MN	2015-02-09	I support the cause of licensed acupuncturist to be the primary provider for acupuncture treatment as they are the ones with the most training in the field.
Shelby Dyrdaahl	Minneapolis, MN	2015-02-09	As a former Davenport resident this is a very pressing issue that I would love to see changed!
Antonio Ybarra-Rojas	Ames, IA	2015-02-09	Acupuncture treatments should only be administered by trained professionals.
Dawn-Starr Crowther, L.Ac.	Portland, OR	2015-02-09	I'm a Licensed Acupuncturist in the state of Oregon, and want to support my Acupuncture colleagues in Iowa in bringing greater professionalism and public safety to the residents of Iowa.

Name	Location	Date	Comment
Bridget Puchalsky	Santa Cruz, CA	2015-02-09	I believe that those practicing acupuncture should be fully trained in 3-4 year educational programs that both support the patients and support the medicine. I believe that all states should have regulations on the practice as in California.
Alexander Kremer	Makawao, HI	2015-02-09	It's the right thing to do. Please pass this bill
Camille Pascoe	Minneapolis, MN	2015-02-09	I will be graduating with well over 2,000 hours of training. Let's raise the standard. Patient safety comes first.
Elizabeth Williams	San Dimas, CA	2015-02-09	As an acupuncturist and native Iowan, I wholeheartedly support this important amendment. Nothing should ever compromise patient safety and quality of care.
Emma Broderick	Saint Paul, MN	2015-02-09	I want the best for patients experience and I think that can only be accomplished with the proper TCM training.
Ker Chang	Minneapolis, MN	2015-02-09	I support acupuncture and safety for everyone.
Jodi Peltier	Inver Grove Heights, MN	2015-02-09	With a minimum of 6 years of formal higher education (many have 8 years), acupuncturists are taught and are completely capable of diagnosing a condition (in TCM) and treating it with an array of cost-effective methods that far outweigh any other professional attempting to practice this medicine. Many are also taught a balanced [integrative/western] curriculum to be able to refer patients out to the appropriate medical provider outside their scope of practice. Bottom line: As a mid-level medical provider, acupuncturists should be the only ones performing acupuncture.
Wendy Middleton	Slade, KY	2015-02-09	I am an acupuncturist and I care about the integrity of the profession and the well being of the public.
Chelsea Badders	Denver, CO	2015-02-09	I am an acupuncturist practicing in Colorado
Eloise Albrecht	Tujunga, CA	2015-02-09	I respect education, and these are the people specifically educated to do this.
Cassandra Hyatt	Ankeny, IA	2015-02-09	I want my Acupuncturist to have maximum training, as now required by state law.
Cassie Krause	Andover, MN	2015-02-09	im currently getting my Masters in Acupuncture & oriental herbal medicine. A Chiro or MD with an acupuncture "license" is ridiculous & they can't possibly understand the detail and purpose in the same way as a traditional Chinese Medical practitioner does. Not possible.
Patrick Yoerger	Iowa City, IA	2015-02-09	I believe that only practitioners who have had extensive training and adequate clinical supervision with acupuncture can safely and effectively use acupuncture needles.
Leewai Chang	Minneapolis, MN	2015-02-09	I SUPPORT!!!
Darlene Zwolinski	Greenwood Village, CO	2015-02-09	I'm signing because I am about to graduate with a degree in Acupuncture. With all we've learned, I cannot imagine doing this practice with only 100 hours of training. Having PT's, MD's and chiropractors needling takes down the power of what acupuncture can truly do. Without the knowledge of the theory of why and where you needle degrades the whole profession. Please pass this bill.
Andrea Beth Damsky	La Mesa, CA	2015-02-09	I am an acupuncturist and this affects public safety, as well as my profession and livelihood.
ngoc nguyen	Sioux City, IA	2015-02-09	Let the devoted and trained professional do their job ethically. I am supporting this amendment.
Cindi Poppe	Bellevue, NE	2015-02-09	I am an acupuncture student & wouldn't dream it'd be possible to claim to do Chiropractic treatments or Physical Therapy with 100 hrs of training.

Name	Location	Date	Comment
susie pisano	hana, HI	2015-02-09	I want to see only acupuncturist practice acupuncture. The theory is very deep and takes many many years to understand. Doctors and D.C's cannot have enough training in even a few hundred hour course. They will cause many misunderstandings with the general public about acupuncture. We need acupuncture to be consistent. Please make them go through the full training to practice. These short course they take should be viewed as a way to teach them how to refer, not to practice.
Laura Galligan	Oelwein, IA	2015-02-09	I will be practicing acupuncture in the state of Iowa, when I graduate in August.
Nicole Freed	Chicago, IL	2015-02-09	It is unsafe to practice acupuncture with minimal training, period. Merely being a physician or chiropractor does not confer upon one the knowledge necessary to perform acupuncture safely. The greatest recorded rates of harm from acupuncture have come from physicians with minimal or no acupuncture training. In addition, acupuncturists should be able to practice all the skills they have been trained and certified in, including acupuncture, herbs, tui na, and accessory techniques such as gua sha and cupping.
Danielle O'Reilly	Perth, Australia	2015-02-09	I'm signing because you don't get your local butcher to do your kidney transplant. He might be familiar with the muscles & structure of animals but that doesn't make him the right person for the job
Gayle Bryant	Saint Paul, MN	2015-02-09	I am currently studying acupuncture and firmly believe proper training in the discipline is best practice and ethical with respect to efficacy of treatment. Those studying acupuncture must study the field academically a minimum of 3 years and pass board certification to practice acupuncture. Western medical practitioners conducting dry needling procedures with little to no training, grossly undermine the acupuncture profession by dismissing thousands of years of Chinese medical theory and pathological study. There is a definite SCIENCE with respect to Chinese medicine/acupuncture which cannot be grasped, respected or practiced properly based on Western medical theory alone. To bridge the gap between Western and Eastern medical practice and treatment, both disciplines must consider the best interest of the patient at all times. The safety of patients should always remain forefront and ONLY properly trained acupuncturist who are board certified to treat clients should be allowed to administer acupuncture treatment.
Dalite Sancic	Proctor, VT	2015-02-09	Keep acupuncture safe for the public, keep business practice fair, and respect every specialty. You wouldn't see a car mechanic for a broken bone!
steven shomo	St. Augustine, FL	2015-02-09	As an acupuncturist licensed in two states and having worked with patients who have had bad experiences from acupuncture due to MD, DC, PT, and other non trained professionals.
Ricardo Small	Albany, OR	2015-02-09	People should not be subjected to incompetent treatments.
Kay Miller	Mankato, MN	2015-02-09	As a recipient of acupuncture, I think this is important to help preserve not only my safety, but the integrity of a profession. I would only choose a licensed acupuncturist for my care and not another profession with little or no acupuncture training.
Randi Hoffmann	Ardsley, NY	2015-02-09	In the interest of public health & safety.
Hollie Allen	West Des Moines, IA	2015-02-09	There is a huge difference and once this is recognized, maybe there is a shot that insurance companies will start paying for an amazing and preventative treatment for their insured.

Name	Location	Date	Comment
John Weeks	Rushden, United Kingdom	2015-02-09	Acupuncturists are expertly trained and experienced and therefore should be acknowledged and allowed to legitimately practice as Acupuncturists. All other practitioners should obtain the same qualification and training to practice Acupuncture.
Patrick Boltinghouse	Des Moines, IA	2015-02-09	<p>First off you need 360 hours of training to become a tattoo artists ... There is 0 hours in acupuncture training needed to add this practice to any menu of alternative health services ...</p> <p>Alternative medicine that can severely alter one's physical health should have a National Standard. These standards when met should also give more privileges to those willing to adhere to such quality standards.</p> <p>It is Odd that someone is able to puncture the skin with a sharp object to leave a lasting picture on the body and needs over 300 hours in understanding that particular art form ... BUT ... One doesn't need any detailed training hours to stick a needle in you to effect your personal health ...</p> <p>Like all forms of Health Care there is a National standard, and if Acupuncturists are claiming to help with personal health, Like Physical Therapists, Doctors, even Yoga instructors there is a level that should standard ... 100 hours is nothing compared to what Tattoo artists already have to do ...</p> <p>Who knows with national standard recognition acupuncturists may have more options to include more insurers leading to more clients ...</p>
Maranda Whirry	River Falls, WI	2015-02-09	I am signing because I am currently an acupuncture student and am spending a lot of time and money to master the art of acupuncture. In the healthcare profession we have many of us who specialize in different areas and require appropriate education and training to give the patient the best care that we can offer. Let the acupuncturists do what they know best and are trained to do!
Julia Wolfe	Panora, IA	2015-02-09	<p>I've gone to acupuncturists trained in traditional Oriental Medicine. My mother went to a chiropractor who had a class in acupuncture twice. There is no comparison between the education. In fact, my Mother had a pacemaker and she came home from her sessions very tired and feeling ill. The chiropractor placed electronic devices on the needles and was sending electricity through her body that interfered with the pacemaker's working. This was dangerous.</p> <p>There must be another designation for these practitioners. To be quality acupuncturists, people need to master the 5 Elements and Chinese Herbs.</p>
Megan Hietala	Excelsior, MN	2015-02-09	I believe extensive training in acupuncture is necessary to provide the most beneficial biological response to treatment with acupuncture. A thorough understanding of TCM is necessary to avoid future complications with the patient and to be able to give a viable response to questions that may arise. Acupuncture is much more than just inserting a needle in to someone.
ROSE HOSEK	ROCKWELL CITY, IA	2015-02-09	I believe that anyone performing any kind of medicine should be well trained in that medicine. After all, one would not let a school nurse perform a knee surgery, nor should we let professionals with very little training perform acupuncture.
vishal verma	Seattle, WA	2015-02-09	There should be laws against untrained people practicing acupuncture. This should only be allowed for fully trained licensed professionals
Noel Jensen	Fort Collins, CO	2015-02-09	Americans deserve to receive acupuncture from thoroughly trained individuals.

Name	Location	Date	Comment
Kenna Neighbors	Des Moines, IA	2015-02-09	I have one of the best, efficient, and professional acupuncturist I know. I go to her sometimes over my own Dr. I am lucky. Without this petition some one may not be so lucky. Please sign!!
Brianne Goetzinger	Grinnell, IA	2015-02-09	As a massage therapist, we all need consistency in licensure in health practices.
Kelly Paddock	West St. Paul, MN	2015-02-09	To protect my future profession and keep patients safe!
Janine Robertson	Eagle Grove, IA	2015-02-09	Why should Doctors be exempt from if training in this? If they are going to use it in their practice, they should be knowledgeable about it.... We don't let auto mechanics fly air planes just because they know how the engine works.
Ryan Ramsey	Ankeny, IA	2015-02-09	This is ridiculous. What's next, Dentists practicing acupuncture? I wouldn't want an acupuncturists pulling my tooth.
Marty Schiel	west footscray, VI	2015-02-09	I'm signing because Acupuncture has the power to help so many people - but only if we can be sure that those using it know what they're doing! Don't harm the repuation of dedicated practitioners by allowing others to dabble in this very complex and important therapy!
Cindy Speicher	West Des Moines, IA	2015-02-09	I am an acupuncture patient that has had outstanding results from a highly schooled, licensed and skilled acupuncturist.
Corinne Lysaught	Kamuela, HI	2015-02-09	Acupuncture without proper training is dangerous. It can lead to infection, exacerbation of illness, and severe issues like pneumothorax. Just recently a woman in California sued a Chiropractor for pneumothorax. We should respect each others training and allow only fully trained and licensed acupuncturists do what they do best - acupuncture and Chiropractors - spinal adjustments. Then the public will be safe.
Mary Shutan	Evanston, IL	2015-02-09	I am an acupuncturist and this is important
Margo McInnis	Eldridge, IA	2015-02-09	It's the right thing to do, period.
Laurie Willets	Chicago, IL	2015-02-09	Acupuncture is a vital part of my care but I would never go to anyone but a professional acupuncturist; just like I would go to anyone who pulls teeth and calls himself/herself a 'dentist'. We need alternative medicine like acupuncturists, massage therapists etc as there is MDs and chiropractors. This is important and it gives acupuncturists high respect and dignity as health medical professionals.
Jessica Anderson	Minneapolis, MN	2015-02-09	I am entering the Acupuncture field and I feel strongly about what this petition represents.
John Lutz	Fairfield, IA	2015-02-10	I'm an acupuncturist. I'm well aware of the difference in quality and extent of training. Acupuncture is a subtle and different approach to diagnosis and treatment of each individual. It takes a concerted focus over many years to become good at it.
Gwenf Feiner	Fountain Valley, CA	2015-02-10	Every medical application should require education and expertise
LeRoy Pilcher	Keosauqua, IA	2015-02-10	My best friend is a certified acupuncturists and is starting his own business.I will trust the man with my life if it comes down to that.
Kristine Moyer	Chicago, IL	2015-02-10	I am a licensed acupuncturist and I agree whole-heartedly with this petition's goal.
Tim Earp	Des Moines, IA	2015-02-10	Sometimes Western medicine doesn't solve the problem.
Melodie Polansky	Des Moines, IA	2015-02-10	Acupuncturists have to do extensive training in order to become licensed, and if chiropractors and doctors want to practice acupuncture they should have to go through the same training.

Name	Location	Date	Comment
Donna Julseth	Woodward, IA	2015-02-10	I believe in only allowing qualified people to practice acupuncture
Suzanne Heber	Dubuque, IA	2015-02-10	I support our legislation and the amendments that eliminate the exemption for Doctors and Chiropractors.
Anne Stein	Des Moines, IA	2015-02-10	I have spoken to clients who tried acupuncture for the first time by going to a chiropractor who took "weekend courses". Not only did they not experience professional procedures with healing results but they were actually in more pain afterward and decided acupuncture is not for them. This is terrible for the REAL professional acupuncturists who have had graduate level training for years and provide real relief and healing for patients. The law in Iowa needs to change in order to protect clients from harm and so professional acupuncturists can represent the practice safely and ethically to the public for optimum health and fair business practices.
Margaret Howe	Pleasant Hill, IA	2015-02-10	I only want to receive acupuncture from someone that has a license. If my doctor is required to be licensed so should my acupuncturist.
Andrea Haag	Des Moines, IA	2015-02-10	I agree!
Carolyn Naayem	Bartlesville, OK	2015-02-10	I have friends and relatives in Iowa who use acupuncture to relieve pain and illness. they deserve the best care possible. I have had acupuncture treatment myself from a fully licensed person. I would trust no other! Iowa's fully trained and licensed acupuncturists know what is best for their patients. Trust them and pass the bill! .
Jenny Johnston	Santa Cruz, CA	2015-02-10	I am an acupuncturist and wish to protect my profession and the public from harm done by undertrained acupuncture.
Teresa Story	Reynoldsburg, OH	2015-02-10	As an acupuncturist I find it an insult to the profession & a threat to public safety that other professions are allowed to practice with little, or minimal, training. This is not merely pushing a needle into the skin where it hurts, there is valid science & methodology that takes time and practice to learn. Yes, we both learn anatomy & physiology but from there or practices take us down different paths of study. They should be required to take any coursework that they haven't had, just as I would be required to if I were to practice in their fields.
Teresa Story	Reynoldsburg, OH	2015-02-10	As an acupuncturist I find it an insult to the profession & a threat to public safety that other professions are allowed to practice with little, or minimal, training. This is not merely pushing a needle into the skin where it hurts, there is valid science & methodology that takes time and practice to learn. Yes, we both learn anatomy & physiology but from there or practices take us down different paths of study. They should be required to take any coursework that they haven't had, just as I would be required to if I were to practice in their fields.
Chester Dickerson-Kanary	Houston, TX	2015-02-10	MD's and DC's should require more training to use acupuncture needles. I am both an MD and a licensed DOM, and I would never have attempted acupuncture without knowing the proper angles and depths. Without this knowledge, along with the theory behind it, may lead to complications (ie: pneumothorax).
Benjaamin Lockett	Minneapolis, MN	2015-02-10	Needling should be left to those who are licensed to do so.

Name	Location	Date	Comment
Rachel Jafvert	Albert City, IA	2015-02-10	I am signing this because my qualified acupuncturist is a miracle worker. I believe acupuncture is a HIGHLY effective treatment for pain, depression and almost everything under the sun. I'm grateful I have avoided cortisone shots in my shoulder ever since I started doing acupuncture, and it has replaced at least 4 different medicines. In fact, I am allergic to sulfa and almost all arthritis medicines contain it... Relafen made me like I had the flu, I'd get extremely dizzy, and it actually made me feel like my liver was going to explode. Voltaren gel was ineffective because I couldn't even reach the spots on my own where it needed to go. Most importantly, there is a HUGE difference between an actual acupuncturist and a D.O. ATTEMPTING to do acupuncture. I actually know this because I went to one before I found my qualified acupuncturist/miracle worker. Yes, there is a world of difference between the two. In fact, the true therapeutic pain relief only started after I made the switch. I also truly wish more insurance companies would realize not everyone can take all these medicines when a person oversensitive to medicines because they can create more side effects. On the other hand, acupuncture provides nothing but effective results with no negative side effects. In fact, I wish I could go into acupuncture because it is THE ONLY thing that works for my pain management and helps calm my nervous system. I am more than happy to sign this... Thank you for the opportunity!
Mari Schultes	Coon Rapids, IA	2015-02-10	I don't want my general MD to do heart surgery so why would I want him to do acupuncture without training? Punctured lungs can result from inexperience. Support HSB 101 for public safety!
Leo Schultes	Coon Rapids, IA	2015-02-10	I want the guarantee that all Iowa acupuncturists have Graduate training and national certification. Public safety is priority, right?
Paula Sampson	Carlisle, IA	2015-02-10	Patients need to be protected and educated.
Robert Willenborg	Dyersville, IA	2015-02-10	I feel that acupuncturist should have more training than just a couple of weekend training sessions
Audrey Erickson	West Des Moines, IA	2015-02-10	I want to ensure that the level of education needed to do acupuncture remains high, ensuring patient safety and cannot be completed in a 40 hour course. Acupuncture practitioners need to pass exams testing their skills and knowledge, currently the practice.
Patricia Edwards	Peosta, IA	2015-02-10	It helps me more than and Doctor can.
Aarica Berns	Saint Olaf, IA	2015-02-10	To support our legislation and the amendments that eliminate the exemption for Doctors and Chiropractors.
Ramona Kartman	Dubuque, IA	2015-02-10	Acupuncture is good.
Mary Althaus	Peosta, IA	2015-02-10	I'm signing because all Iowa acupuncturists should have 2000+ hours of training...that is a positive change to ensure public safety
Gretchen Kubal	Adel, IA	2015-02-10	Education, philosophy, and testing are important for certified acupuncturists
Phyllis Fishnick	Dubuque, IA	2015-02-10	We need the person who treats us with acupuncture treatments to be informed and educated in all aspects of oriental medicine .With the need to pass graduate level training and national certification . A fully trained person-not someone who is a fly-by night practitioner with a few hours of study.
KATHY LANSING	Guttenberg, IA	2015-02-10	Acupuncture has been tremendously helpful with my physical ailments and think it is of utmost importance that it is practiced only by certified acupuncturists.
Timothy Althaus	Peosta, IA	2015-02-10	If you read the petition, it only makes sense!

Name	Location	Date	Comment
Mary Armstrong	Dubuque, IA	2015-02-10	I want to know that the person treating me is an acupuncture professional. This is a very specialized field requiring invasive techniques, not one that should be used without full certification.
Sandy Kohn	Dubuque, IA	2015-02-10	I went to a professional acupuncture who had over 1000 hrs of training etc. not covered by my insurance. He was a specialist and very thorough
Joan Swander	State Center, IA	2015-02-10	I'm signing because I have seen how much benefit a fully trained acupuncture specialist can provide. I would want everyone seeking help to have the level of care my mother has received.
Adele Knop	Ames, IA	2015-02-10	I want all acupuncturists to be properly educated in this part of the medical field. Acupuncture isn't an easy thing and we need qualified people doing this.
Tracy Warner	Ames, IA	2015-02-10	I have received great health improvement through acupuncture. This is a career where knowing the interconnections of symptoms and the body mean something that doctors overlook (being a cause not just treating a symptom). Doctors tend to treat symptoms instead of understanding the cause. I have had a lot of doctors tell me that stress could not cause my symptoms (and just to keep plugging my body with medicine) yet acupuncture has gotten to the bottom of releasing the reaction of stress which healed the symptoms. Acupuncture is an ancient means so it should be respected and worth the need for study time to perform. Thank you for consideration.
Jane Craiger	Des Moines, IA	2015-02-11	I believe in truly trained acupuncturists and don't want others to be fooled by those who do not really know what they are doing.
Shannon Esser	Melrose, IA	2015-02-11	I believe the practitioners I visit are knowledgeable and have had a wonderful effect on my life. I would not feel comfortable going for treatments from MDs, DOs, or chiropractors. They don't have the training necessary to do their best.
Susan Welu	Dubuque, IA	2015-02-11	I believe acupuncturists should be adequately trained and certified to practice safely and effectively as NCCAOM practitioners are certified.

Name	Location	Date	Comment
Gunderson Helen	Ames, IA	2015-02-11	<p>I believe it is fair and accurate to say that my well-being depends on having access to strong, wise, fully-trained acupuncture professionals in Iowa. I want that profession to be treated with as great of respect and fairness by the State of Iowa as any other medical profession.</p> <p>I have known about acupuncture since the 1990s when I lived in California. I am a 69-year-old, fourth generation Iowan, and after I moved back to my home state of Iowa in 1993, I felt fortunate that Iowa Acupuncture Clinic in Urbandale had opened later in the 1990s. I believe it was in 1997, that I started going there for my primary medical support through conversations and acupuncture treatments. In recent years, I have been fortunate that Ames Acupuncture has opened in Ames, and I go there regularly for—again—primary medical support. Yes, I do see professionals within western medicine, but my primary trust is in traditional Chinese medicine. I do not want to see the profession of acupuncture watered down—nor do I want to see the careers of those persons who are committed to the profession of traditional Chinese medicine and acupuncture threatened. These professionals have a commitment of seeing and being with the world in general, and with a medical patient, in a much different way than other medical practitioners do. I am also aware of a sister-in-law and other people with health problems who say, “Oh, yes, my chiropractor now does acupuncture.” But when I ask more about what that means, I get the sense that the word “acupuncture” to the chiropractor is more a way of having an extra marketing tool for the chiropractor’s business card or sign.</p> <p>I believe in all the points that the Iowa Association of Oriental Medicine and Acupuncture includes in this form letter. I would be happy to write more or speak with any legislator about these concerns.</p>
Joyce Lilly	Bronx, NY	2015-02-11	This should be passed across America.
Shannon Zoffka	Garwin, IA	2015-02-11	I use acupuncture as my first line of health care and feel it is a must that practitioners be properly trained as in any other medical field.
Ann Nesbit	Des Moines, IA	2015-02-11	I have experienced the health benefits of working with a trained acupuncturist.
jennifer hansen	Des Moines, IA	2015-02-11	i love acupuncture! it's changed my life!
jeanie feight	Indianola, IA	2015-02-11	The people who provide acupuncture should have the advanced knowledge of acupuncture to be able to perform and should have to pass the same exams!
Jessie Vasquez	Ames, IA	2015-02-11	I believe that only a trained accunpunturist should perform on clients. I personally have had NO results with a chiropractors use of needles but AMAZING results under a true accunpunturist with thousands of hours of training.
Lynn Miller	Ames, IA	2015-02-11	I'm signing because I believe the acupuncture professionals need to be trained and certified. Doctors and Chiropractors have their place in medical care. They need the same national certification as outlined in HSB 101. I do not want an acupuncturist that is not certified as a chiropractor or doctor treating me. I do not want an MD or DC practicing acupuncture unless they are formally certified to do so.
Gail cudworth	Redfield, IA	2015-02-11	I believe acupuncture is very beneficial treatment
Elizabeth Mausser	Epworth, IA	2015-02-11	I believe all acupuncturists should have Graduate level training and national certification, requiring over 2,000 hours of training.
Jacob Jensen	Des Moines, IA	2015-02-11	FIGHT THE POWER
suzanne burds	Dubuque, IA	2015-02-11	It is time for a change for the better here in Iowa

Name	Location	Date	Comment
Irene Bassler	Moyock, NC	2015-02-11	Acupuncture has helped me a great deal. My acupuncturist has had approximately 2000 hours in acupuncture curriculum whereas most chiropractors or MDs have had 300 hours or less. Please make a distinction between the two types of acupuncture education. You have that distinction with all nurses (LPN, RN, ARNP, etc) and physicians (MD, DO, etc) -- why do you not have that distinction among "acupuncturists" (Not all are educated the same and there is a huge difference.) The general public deserves to know there is a difference when seeking help. Also the majority of Licensed Acupuncturists from an ACAOM accredited college have passed a national certification exam administered by the NCCAOM -- are chiropractors examined in the same manner? I think not. Please -- do not take this lightly and please do the right thing -- make a distinguished title for the different "levels" of acupuncture education. Thank you.
kayonaah kimberlin	Norwalk, IA	2015-02-11	I have used acupuncture and believe in increasing it's safety.
Dorothy Zierke	Carroll, IA	2015-02-11	I care
Tabitha Olsen-Bermgna	Minneapolis, MN	2015-02-11	This issue needs to be addressed. For the safety of the patients who receive Acupuncture, care it should only given by a Licensed Acupuncturist.
Erin Pederson	Ames, IA	2015-02-11	Acupuncture requires a high degree of training in order to be safe and effective for patients!
Michael Catalona	Davenport, IA	2015-02-11	I am a Licensed Acupuncturist and diplomate of the NCCAOM, and concerned about the quality of health care.
Susan Carlson	Rockwell City, IA	2015-02-11	I am signing because I believe that acupuncturists should all have graduate level training and national certification
Vicki Stutzman	Ames, IA	2015-02-11	If someone is administering acupuncture procedures the criteria should be universal. Medical doctors should not be given special exemptions.
Kim McCurry	Des Moines, IA	2015-02-12	I'm signing this petition to increase public safety by guaranteeing that all Iowa acupuncturists have Graduate level training and national certification.
Angie Sorrell	Dyersville, IA	2015-02-12	It's dangerous to allow people to practice acupuncture without the proper training and licensing.
Toni Lenning	Nevada, IA	2015-02-12	I am a firm believer of the necessity for J. Q. Public to know and understand the difference ibetween a Medical Doctors/Doctor Chiropractic and Acupuncturist with a Graduate level of training and national certification.
Carolyn Bleile	Peosta, IA	2015-02-12	Acupuncture is a serious profession and must be considered as such. We take other professions such as real estate and appraisals more serious than one that has to do with the health of a human being.
Sarah Fox-Jones	Ames, IA	2015-02-12	Performing acupuncture takes a significant amount of training. I want to make sure that those that do administer treatments have the proper training.
Don Schiffer	Dubuque, IA	2015-02-12	my treatment should have been covered
Kimberly Burnett-Hackbarth	Dubuque, IA	2015-02-12	Because I believe that proper medical training should be required for certified acupuncturists in the state of Iowa.
Rauchelle Meschke	Algona, IA	2015-02-12	I hold a Master's in Oriental Medicine and I am a practicing Licensed Acupuncturist
Marcie Larson	Britt, IA	2015-02-12	Irecieve acupuncture for pain in neck and shoulders which than gives me severe headaches. She is licencedand I cant imagine going through this pain without her. I do need neck and back surgery but I truely cant get by avoiding surgery. Aman to all acurpuncturists.
Beth Johnson	Algona, IA	2015-02-12	Acupuncture helped with my migraines. I couldn't imagine not going.

Name	Location	Date	Comment
Eugene Ryan Sorrell	Dyersville, IA	2015-02-12	We don't allow Doctors, Lawyers, or Teachers to practice without proper training and education. Why would we allow anyone to perform acupuncture without the proper training and education?
Sharon Schilling	Fort Dodge, IA	2015-02-12	I have used acupuncture for over 30 years, in 5 countries. It is SERIOUS medicine and, without the proper training and licensing, injuries will result. Please pass HSB 101 as amended; it is critical!
Virginia Anderson-Larson	Monmouth, IA	2015-02-12	I am so grateful for a well-trained, licensed acupuncturist. I am happy to refer people to him because I trust his credentials. I fear the "fad" movement will cause lesser trained in acupuncture people to want this credential and dilute the quality of this valuable form of care.
Duane Asche	Dixon, IA	2015-02-12	Support hsb101and amendment to end MD/DC exemptions
Sara Paulsen	Monticello, IA	2015-02-13	Acupuncture is an important option in the treatment of many diseases and human physical ailments. My acupuncturist is a top-notch practitioner who shares valuable holistic knowledge to all his clients. PASS THIS BILL.
Barbara Marvick	Arcadia, IA	2015-02-13	I am signing because my daughter is a licensed acupuncturist and put in long hours and 3 solid years of education in the field of acupuncture and Chinese medicine. All acupuncturist should have proper training not just a short course and done.
Nancy Fuller	Charlotte, NC	2015-02-13	I believe that acupuncture should be done only with sufficient training.
Roberta Kelinson	Rock Island, IL	2015-02-13	I'm signing this because I want to continue to feel safe when I receive acupuncture. I want my practitioner to be qualified for what they perform. Isn't that why they have very specialized training/credentials?
Jennifer Rahe-Thompson	Windsor Heights, IA	2015-02-13	I'm signing out of support for acupuncturists. I'm a chiropractor, and I understand the importance and benefits of acupuncture. I feel that the professions should be separate and distinct so as to not water each other down. It is also most beneficial to our patients to receive care from a provider who is focused and committed to practicing her craft with utmost detail and precision. I support this bill.
Becky Kurt	Davenport, IA	2015-02-13	Acupuncture Licensure needs more than a workshop to ensure quality care, it needs ongoing training as well.
Gail Orcutt	Pleasant Hill, IA	2015-02-13	NCCAOM certified acupuncturists have over 2000 hours of medical training and are the legitimate acupuncture professionals. While Medical Doctors, Osteopaths, Dentists, Psychiatrists and Podiatrists can use acupuncture needles without any training, CEUs, nor exams.
Suzanne Van Englehoven	Windsor Heights, IA	2015-02-13	I have a great deal of confidence in my acupuncturist who has had a great deal of training. I believe anyone seeking this healing modality should have the confidence of the same!
Gretchen Horton	Portland, OR	2015-02-13	Safety first!
Jeffrey Kappelman	Des Moines, IA	2015-02-13	Only qualified persons should be treating Acupuncture patients.
Joel Snook	treasure Island, FL	2015-02-13	Acupunturist should be completely trained just as any other medical profession.
Fritha Coltrain	Iowa city, IA	2015-02-13	While Dr.s are highly trained... They should ONLY insert needles or even apply pressure of any sort, with as much or MORE training as a professional Acupuncturist is required to have. Respect and training is what makes them Dr. if they attempt another form of medicine without the same RESPECT and TRAINING they are no longer Doctors.

Name	Location	Date	Comment
meghan thies	Dubuque, IA	2015-02-13	Allowing doctors and chiropractors to do acupuncture with 100 hours of training can be compared to hiring a personal trainer that paid \$50.00 for a certification to teach you to lift. If your trainer isn't well educated on lifts and the best exercise for the individual YOU WILL GET INJURED!
Amy Mager	Springfield, MA	2015-02-13	I am an acupuncturist who had over 950 clinical hours and over 1,255 didactic hours before being able to sit for my boards. Please require everyone who practices acupuncture to meet the same standard of care & be a licensed acupuncturist in the best interest of public health. Thank you! Amy Mager MS, LicAc, Dipl. OM (NCCAOM).
Tobias Moriset	Grimes, IA	2015-02-13	I believe in Acupuncture.
Michele Hall	Clive, IA	2015-02-13	Need safe and secure standards for acupuncturists.
Carol Frank	Panora, IA	2015-02-13	Acupuncture is a specialty and should be practiced by trained and registered acupuncturists only, and not by those that dabble in acupuncture as an add-on to their own profession.
Marilynn Wadden	Des Moines, IA	2015-02-13	Acupuncturists are critical to our health care, and every person who practices acupuncture must be trusted to have specific education. If you allow chiropractors and others to practice without the hours of proper training, then you put patients' lives in danger and open yourselves to lots of hassle. Just require the training and ensure safety of patients. While you're at it, require insurance to cover acupuncture. Patients will be healthier, and you'll save insurance companies money in the long run.
Dawn Thornton	Clive, IA	2015-02-13	I am signing as I have benefited from acupuncture with my chronic pain. It is better to try natural relief than meds.
twila Rankin	Knoxville, IA	2015-02-13	I wouldn't go to any one who isn't a licensed Acupuncture person any more than a non licensed Dr. of any kind.
Kim Ward	Norwalk, IA	2015-02-13	I suffer from scatica. Through acupuncture and chiropratic treatments I have been able to return to fulltime employment and am avoiding back surgery.
Sarah sievers	Ranchos de Taos, NM	2015-02-13	I am in school for acupuncture and those who don't put in the work are dangerous.
Kelly Johnson	Nevada, IA	2015-02-13	I'm signing this because when I go to an acupuncturist, I want to ensure that their knowledge and training are top notch. 2,000 hours compared to 100 hours is a huge discrepancy! Please hold acupuncturists to a high standard.
Daphne Tefft	Ankeny, IA	2015-02-13	good
marsha Bannister	Clive, IA	2015-02-13	There is much education needed to get the results needed. General Doctors are not trained specifically.
Bonny Hendricksmeier	Pleasant Hill, IA	2015-02-13	I believe restricting the practice of acupuncture to practitioners with proper certification and extensive training, rather than those who take a "weekend course" is in the best interests of the public. This is the same difference between seeking first aid from a co-worker and going to the emergency room for treatment of an injury from qualified medical professionals.
angela corio	Des Moines, IA	2015-02-13	I believe that all professional health care practices should be adequately trained in the area of specialty practice.
Brenda sherman	Milwaukee, WI	2015-02-13	As an acupuncturist concerned about the safety of patients receiving acupuncture therapy, especially in light of the increase in injury done by inadequately trained individuals.
Roxanne McCarren	Rockford, IL	2015-02-13	I use acupuncture.

Name	Location	Date	Comment
Dorothy Flores	Truro, IA	2015-02-14	I feel it is very important to have well trained practitioners when administering any invasive procedure. We need qualified acupuncturists who have been trained in every aspect of the trade.
Catherine Weingeist	Iowa City, IA	2015-02-14	Acupuncture done right is so effective, but it is wrong to let anyone do it without effective training.
Darrell Young	Stratford, IA	2015-02-14	The exemption for doctors is unfair. That is like cheating. Do you want an acupuncturist to do brain surgery?
Randall Herrera	Norwalk, IA	2015-02-14	i support this.
Regina Barton	Springfield, MO	2015-02-14	I believe acupuncture is better than a Dr pushing a pill on u because they don't want to fix what's wrong with u!!!
Michael Santangelo	Iowa City, IA	2015-02-14	this makes so much sense. Minimally trained MDs and DCs trivialize the discipline of acupuncture, give patients false impressions of expertise, provide inadequate treatment, and may even do harm. It's not only poking people with needles, you know!
Jean Shires	Des Moines, IA	2015-02-14	I have a BSN (nursing) & understand the great benefits to certification & annual CEUs in keeping the patient safe. If we must use regulation to insure the patient's safety, & that the patient is being treated by a certified caregiver--then so be it. I for one ALWAYS check credentials, but I know the majority don't. They are the ones we must protect.
Gayla Woodenlegs	Ferndale, WA	2015-02-14	If a healthcare practitioner wants to practice acupuncture, they should go to school and be certified just as they would for their field of study. It degrades our profession when they take a few weekend courses and "practice acupuncture", not to mention the jeopardy they put patients in without complete training.
Denise Braun	Troy, AL	2015-02-14	I'm signing because I am a registered acupuncturist in British Columbia and I know that no one unregistered should be practicing this medicine.
Linda Franklin	Muscatine, IA	2015-02-14	Acupuncture treatments should only be administered by trained professionals
Lynda Fletcher	Earlham, IA	2015-02-14	As a patient, I am under the impression that licensed acupuncturists should all meet the same standards and criteria. Licensure is supposed to protect us from people who don't meet that standard. No double standards please
Kim Wistey	West Des Moines, IA	2015-02-14	I want acupuncture from qualified practitioners that have the hours and education to practice effectively.
Cathie Hosie	Lamoni, IA	2015-02-14	Only licensed practitioners should be allowed to provide acupuncture procedures. All other practitioners must be licensed, why would acupuncture be any different?
Paula Alleman	Menomonie, WI	2015-02-14	Please pass this amendment to allow Certified Acupuncturists to continue to maintain their level of credibility and to insure all patients are being safely treated by a qualified practitioner.
Mark Switzer	Galesburg, IL	2015-02-14	I am a licensed Illinois acupuncturist. I MDs and DCs can practice acupuncture without certification, why can't I prescribe drugs and give spinal adjustments?
Jacqueline Jensen	Santa Monica, CA	2015-02-14	Jacqueline Osgood Jensen ONLY TRAINED AND LICENCED ACUPUNCTURISTS SHOULD BE PRACTICING ACUPUNCTURE. THATS WHAT WE HAVE WORKED SO HARD FOR. "Everybody" nowadays IS AN "Acupuncturist" Please only support Acupuncture done by Trained and Licenced REAL GENUINE ACUPUNCTURISTS. With Acupuncture and TCM Training of at least a four year program. I thank you, and my Real Acupuncturist Colleagues, thank you.

Name	Location	Date	Comment
Jonathan Olcott	Venice, CA	2015-02-14	I'm signing this petition because I'm a licensed acupuncturist and I believe in the safe practice of acupuncture by individuals trained specifically in this highly effective form of medicine. A degree in chiropractic or allopathic medicine does not equal the safe or effective practice of acupuncture. A chiropractor cannot practice allopathic medicine because they lack the training, and an allopathic dr. cannot practice chiropractics without proper training. Acupuncture is no different and in fact much more difficult to learn that one might think. I believe it to be more difficult than either of the two Western practices listed above. The reason for this is because it does not fit into a western paradigm of medicine and requires a great deal of time and care in learning new and very foreign concept.
Thomas Phillips	Waukee, IA	2015-02-14	I strongly believe in the highest quality acupuncture service available and support the most strenuous standards possible.
Linda Mc Farlane	West Des Moines, IA	2015-02-14	I believe strongly that an acupuncturist needs to have completed specific course work, received careful training in the art of acupuncture treatment, and has performed safe needle technique under the supervision of a master acupuncturist for a time period of 2000 hours. National certification should be a requirement. Public safety is at stake.
Dianne Prichard	DeWitt, IA	2015-02-14	Seems like a good idea for my personal safety.
Victoria Fredenburg	West Des Moines, IA	2015-02-14	I do not believe it is right for a chiropractor or medical doctor to be able to call themselves an acupuncturist and practice the ancient art of acupuncture with limited or no training at all. Also, they should not be able to practice this art without required clinical training, annual continuing education classes and passing the same national exams that a licensed acupunctuist must take. I also believe that MD/Chiropractors must be REQUIRED to post their hours of training and clinical practice certificate next to their Medical Doctor degree.
MARIA CHUAPOCO	BOULDER, CO	2015-02-14	As a consumer, I have a right to expect a professional standard of care that only a properly educated and trained acupuncturist can deliver. To allow other "professions" to apply techniques without through knowledge of proper application, unfairly diminishes the professionalism practiced by Tradition Chinese Medicine practitioners.
rodger routh	Ankeny Ia, AL	2015-02-14	I support safe acupuncture as a healing aid for lowans.
Phyllis Hosek	Elberon, IA	2015-02-14	Acupuncture is an invasive medical procedure, the public and I needs to have graduate level trained and certified acupuncture professionals.
raul cambridge	Chicago, IL	2015-02-14	As an acupuncturist practicing for over 25 years there is no reason why Acupuncture should not be fully recognized and respected
Kay Acheson	West Des Moines, IA	2015-02-14	Doctors and chiropractors need more training to practice acupuncture than what this bill requires.
Lynda Goplerud	Waukee, IA	2015-02-15	I agree national credentialing and graduate level training should be required to practice acupuncture.

Name	Location	Date	Comment
Tammy Stines	Cedar Rapids, IA	2015-02-15	It is unsafe for doctors and chiropractors to perform acupuncture with little or no training. It undermines our citizens who have spent many hours and dollars to train in this highly specialized field.
Kodi Beverlin	Des Moines, IA	2015-02-15	I'm signing because it's important to keep a sacred practice in the hands of knowledgeable people.
Barry Bromberg	Dubuque, IA	2015-02-15	If you don't know what you are doing...then harmful effects can and probably will be the result. Training should be mandatory.
Valerie Root	Ankeny, IA	2015-02-15	Licensure should be about the knowledge to practice and the hours of learning behind that knowledge. Most physicians have their own areas of practice and do NOT have the expertise and/or training needed in this field.
Phyllis Sunins	Des Moines, IA	2015-02-15	I am alarmed that Chiropractors & Osteopaths can say they can do acupuncture with 1/20 of training & no annual update.
Gary Shawver	Wadena, IA	2015-02-15	It is important today to have the confidence that the person treating you has the proper training. Acupuncture is highly specialized and a few weeks of training does not compare to what a fully licensed acupuncturist goes through to get their degree so they can practice. Please ensure those that are advertising acupuncture have the proper training.
Edward Goedeken	Ames, IA	2015-02-15	We need our acupuncturists to receive the maximum training available. They are medical professionals and their qualifications need to be respected.
Nicholas dougherty	Minneapolis, MN	2015-02-16	i am a practicing Acupuncturist and I strongly believe in preserving the profession for those who have the proper training and education to perform this medical procedure
Jeanne Woodroffe	Clive, IA	2015-02-16	My expectation of a practicing acupuncturist is to be state certified after receiving a NCCAOM certification. This gives me the confidence I am getting the quality treatment for the health issues I need addressed. When traditional medicine didn't work for me, I went to acupuncture for treatment. I have found positive results that I wasn't getting from years trying to work with MDs and DOs. I would expect the state of IA to protect their citizens from inadequate health care and inappropriately certified/licensed acupuncture. Please ensure I don't have to spend lots of money to find out I am not getting appropriate care due to not being certified to NCCAOM requirements.
Jasmine Patel	Lake Oswego, OR	2015-02-16	It is a public health hazard and a disservice to the medicine to have people (even MD's, DC's and PT's) who are not fully trained in the medicine practicing it. Only those fully trained and licensed should practice acupuncture.
Sabeeha Kurji	Vancouver, Canada	2015-02-16	i want to protect our profession
Penny warren	Odenton, MD	2015-02-16	As an acupuncturist with over 3000 hours of instruction and clinical training, I cannot fathom someone practicing this complex and powerful medicine with only 100 hours of training , and no CEU's. Safety issues aside, there is no way anyone could serve patients effectively with so little training. Acupuncture requires in depth understanding of the complex channels, and their connection to the various systems in the body. It is not about just sticking a needle where it hurts.
Sara Winkleman	Ledyard, IA	2015-02-16	I use acupuncture for my multiple sclerosis and Rachal Metske that I used is absolutely amazing and I would hate to see people with less hours and not the care and compassion like what she has ruined this experience for everyone else. This is an amazing treatment with someone living with chronic illness like myself
Janet Holmes	Algona, IA	2015-02-16	if you to practice any medical procedure then get the correct license. You don't see acupunctures performing adjustments or other procedures they should not be. It is just greed.

Name	Location	Date	Comment
cynthia prodzinski	Kendallville, IN	2015-02-16	I'm signing because I have been a patient of fully trained acupuncturists and value their care deeply. They have dedicated their professional lives to the education and training required to be nationally certified acupuncturists.
Logan Jenkins	Cedar Rapids, IA	2015-02-16	It's false advertising to say you are an acupuncturist if you are really an MD or DC. I am a Chiropractor and I support this.
Margaret Olmsted	Los Angeles, CA	2015-02-16	Doing acupuncture without extensive training is dangerous.
gina olson	Osceola, IA	2015-02-16	All professionals need to have the proper training and exam testing to be qualified to perform a service for patients!
Kay Sifert	Algona, IA	2015-02-16	I support acupuncturist
Linda Smith	Houston, TX	2015-02-16	It is common sense.
LISA LOUSCHER	Algona, IA	2015-02-16	I have acupuncture done once a week and would not want anyone but a licensed acupuncturist to do it.
Kathleen Stuart	West Des Moines, IA	2015-02-16	Signing because I believe in acupuncture and think Iowa needs to get with it!
Lon Olsen	West Des Moines, IA	2015-02-17	Those who practice acupuncture should have completed graduate level training, have national certification, and be required to obtain continuing professional education to remain current in their profession and to protect patient safety. A 100-hour course without testing, credentialing, or continuing education is hazardous to public safety and health.
Mia Hegarty-Roach	Algona, IA	2015-02-17	this just makes sense. If a physician can show that they have had equivalent graduate level training, great. But there should be training, and testing to ensure proper knowledge!
Rachel Garst	Coon Rapids, IA	2015-02-17	I want to make sure my acupuncturist has sufficient training.
Heidi Valdez	Des Moines, IA	2015-02-19	I have received Acupuncture treatments over the last 3 years and support the professionalization of the practice.
Karen Craft	Ames, IA	2015-02-19	I'm shocked that MDs and chiropractors are allowed to practice acupuncture with so little training compared with licensed acupuncturists.
Alexander Leanne	Ames, IA	2015-02-19	I feel safety in acupuncture should be a number one priority and having doctors and chiropractors doing acupuncture without the proper education is unacceptable.
Leo Gallego	St. Petersburg, FL	2015-02-19	Because it is right
Cristi Pfantz	Rhodes, IA	2015-02-20	I believe that adequate training is important for all practitioners & it would be unsafe to practice acupuncture with just minimal training.
Janean Schaefer Denhart	Des Moines, IA	2015-02-20	I am a firm believer in acupuncture and strongly believe that it should only be practiced by educated, licensed professionals with extensive expertise and experience and education in Oriental medicine.
olivia hurm	Altoona, IA	2015-02-20	Its common sense... I wouldn't want someone with such LITTLE experience to perform acupuncture on me!
Penny Perkins	Wyoming, IL	2015-02-20	Acupuncture has played an important role in my health care and I want the best care that can be provided. I believe this is possible if practitioners stick with a specialty interest service.
Jill Watrous	Des Moines, IA	2015-02-20	Highly trained professionals in acupuncture care are the ones I want available for me, friends, and family to continue having safe health care through this form of important health support.
Liz Kurt	Ames, IA	2015-02-20	I support passage of HSB 101. I live in Ames, Iowa and that you support our legislation and the amendments that eliminate the exemption for doctors and chiropractors.

Name	Location	Date	Comment
daniel Tague	Philadelphia, PA	2015-02-20	I am an acupuncturist. Unqualified doctors, chiropractors, and physical therapists risk puncturing patients lungs, when they don't have the proper training. This happens, and then the entire acupuncture community suffers.
Shannan Hoffsmitt	Pleasant Hill, IA	2015-02-20	Acupuncture is real medicine with real results. I believe it should be practiced only by those with proper training, but available to all.
erin taratoot	tallahassee, FL	2015-02-20	I don't want the integrity of the acupuncture profession marred by those untrained in the practice, or the unsuspecting public to be injured by those with gross lack of training.
James Beshires	Rio Rancho, NM	2015-02-21	I am a New Mexico DOM, with an MSOM. I have also been an RN for 20 years. MDs, and other western medicine trained professionals are very effective and knowledgable within their scope of practice--- that does NOT cross over into Chinese Medicine.
JoJae Jyung	서울특별시, Korea, Republic of	2015-02-21	To get the fair right of acupuncturists, protect the public and exclusive acupuncture licensure from other unprofessional trials and conducts.
Thomas Hodge	Santa Fe, NM	2015-02-21	i am a licensed practitioner in a state that regulates licensure. Regulation helps to ensure the quality of service by any healthcare provider.
Rosie Coelho	Austin, TX	2015-02-21	I'm signing because this is for a fair business practice and safety of the community.
Steve Jensen	Capitola, CA	2015-02-21	I may want to practice acupuncture as a legitimate acupuncturist in Iowa. Likewise with the recent injuries caused by chiropractors doing illegal untrained procedures I think that their licensure needs to be more closely examined to protect the public.
Jian Yi Yan	New York, NY	2015-02-21	you can not be a qualified acupuncturist by just studying for a few hundred hours.
Latifa Amdur	Austin, TX	2015-02-21	It takes Years of extensive study to learn the philosophy, the precepts , the artistry behind the practice of acupuncture. It is not a symptomatic medicine. Nit must be practiced responsibly .
Rebekah McPhee	Victoria, Canada	2015-02-21	This legislation is dangerous and also unfair to acupuncturists who spent years of education to learn the art of acupuncture.
Yan Jin	Boston, MA	2015-02-21	Because the acupuncture is different system from west medicine.
Joseph DeStefano II	Los Angeles, CA	2015-02-21	The rise in accidents, including pneumothorax incidents is directly attributed to undertrained physicians (especially chinos and PTs) utilizing acupuncture and or dry needling techniques. The national standards improve health and safety for the public!
sheila dunbar	Des Moines, IA	2015-02-21	I agree with this
Sharon Baird	Dallas, TX	2015-02-22	It's good legislation
Laura Dawson	Wilmington, NC	2015-02-22	Acupuncture is best when practiced by Acupuncturists. I am alive and well due to a great acupuncturist I added to my health care team.
Jan Fronk	Gainesville, FL	2015-02-22	I believe in the successes of acupuncture.
Yuri belopolsky	Kittery, ME	2015-02-22	It is a real danger to the patient to let people without serious (few years) training to do acupuncture.
Linda Schroeder	Nevada, IA	2015-02-22	I believe in specific acupuncture education.

Name	Location	Date	Comment
Anne Kinzel	Ames, IA	2015-02-22	I believe this is a good bill with respect to the licensing of acupuncturists in Iowa. All proposed licensure statutes need to be carefully examined to understand if they truly involve the protection of the public versus simply protecting a profession from the involvement of professionals in other disciplines. I believe this bill comes down squarely on the side of protecting the public. This is why I support it as a former health care law specialist.
Jacqueline Van Ahn	Panora, IA	2015-02-22	This bill will insure that untrained people are not working in a field where the education requirements are immense.
Ouida Trahan	Papaikou, HI	2015-02-23	Being a Doctor or Chiropractors does not qualify them to practice acupuncture.
Lori Neufeld	Des Moines, IA	2015-02-23	I believe that regulated training to receive Iowa Licensing is imperative for the safety to the providers and patients.
megan Bielinski	Milwaukee, WI	2015-02-23	I'm an acupuncturist I'm Wisconsin, and supporting other nearby state acupuncture rights is of utmost importance
Heather Eldridge	Milwaukee, WI	2015-02-23	I am an acupuncturist and I agree that those that practice acupuncture should have equal levels of training. Acupuncture is an ancient form of healing and there is a lot of information that needs to be mastered in order to use it safely and successfully to help others heal.
Timothy Schimick	Madison, WI	2015-02-23	i am an acupuncturist.
Jerry Dickinson	Ames, IA	2015-02-24	I am signing because I want to ensure acupuncture is done in accordance with the procedures that have been developed over thousands of years.
Heather Hansen	Des Moines, IA	2015-02-24	Acupuncture has improved the lives of many I know, myself included.
Penny Schempp	Johnston, IA	2015-02-24	I want and need quality acupuncture and expect to be protected by the licensure law!
Ruth Kneile	Des Moines, IA	2015-02-24	I want safe acupuncture and fair practices for certification.
J Hendrickson Larson	Urbandale, IA	2015-02-24	This treatment is one cancer patients use in conjunction with chemo/radiation, etc. It needs to be performed by trained, peer juried experts.
Cathie Law	Johnston, IA	2015-02-24	I'm signing this because I believe there needs to be certification that ALL acupuncturists should have Graduate level training and national certification. ALL acupuncturists should have the same level of training. I believe anyone who is practicing acupuncture should have extensive training, CEU's and exams, to be certified in this area.
Kate McCoy	Urbandale, IA	2015-02-24	Acupuncture works! I felt better three days after my first acupuncture treatment than I did after four doses of different antibiotics.
Valerie Stallbaumer	Ames, IA	2015-02-25	I know the difference between well-trained practitioners using the techniques of acupuncture and Oriental medicine and others not getting the full training that just want to add a tool to their other techniques. I have received dozens of treatments from licensed acupuncturists for various areas of pain, for immune support and digestion problems. All with great results. Please uphold the quality of "real" acupuncture and the integrative methods of Oriental medicine as it is intended to be used by fully trained practitioners.
Zoya STAROSELSKY	West Des Moines, IA	2015-02-25	I am concern about the quality of practitioner's training.
Cindy McGuire	Des Moines, IA	2015-02-25	I believe that in order for practitioners to provide acupuncture they need to have very specific education, not enough to just have a weekend workshop. The human body is effected by even the smallest changes, practitioners need to have a very deep understanding of what that big picture looks like. I see this as part of the healthy state initiative. It's a must for Iowa to be leaders in this area of wellness.

Name	Location	Date	Comment
Pat Bowen	Iowa city, IA	2015-02-25	I'm signing because I want anyone who practices acupuncture to be licensed to practice acupuncture. I don't think it is morally right or healthy for doctors or chiropractors or dentists etc to practice without the proper training. The general public can be easily misled, it is our law makers responsibility to ensure our safety.
Young Young	Des Moines, IA	2015-02-25	I'm currently being treated
Mark Denzin L.Ac.(California) Denzin	San Francisco, CA	2015-02-25	The qualifications, skills, and rights of properly trained licensed acupuncturists MUST be recognized. This is a PATIENT'S rights issue. Health care consumers have the right to know HOW....and HOW NOT....practitioners of acupuncture OUTSIDE the profession.....are trained.
Kerry Moore Kroneman	Des Moines, IA	2015-02-25	I'm signing because acupuncturists have helped me when western medicine could not. Make sure you are working with a licensed practitioner.
Marilyn D Arnold	Des Moines, IA	2015-02-25	The safety of patients having acupuncture is of utmost importance HB101 should definitely be passed as a state regulation. Marilyn D Arnold
Deb Syroka	Johnston, IA	2015-02-25	I concerned for my health and treatment provided by Iowa Acupuncturists.
Betty David	Grimes, IA	2015-02-25	I believe anyone practicing acupuncture needs to have many hours of proper training
Amy Balm	Waukee, IA	2015-02-27	Needs to practiced safely
Natalie Gruss	West Des Moines, IA	2015-02-27	I value acupuncture!
kathi phillips	west des moines, IA	2015-02-28	I think it is a very useful tool for better health care. And very important to keep the public safer.
kathi phillips	west des moines, IA	2015-02-28	I think it is a very useful tool for better health care. And very important to keep the public safer.
Sherri Spence	Des Moines, IA	2015-02-28	I believe Acupuncture is a specialty field and those who practice it should have the licensing and continuing education that is required in other health care professions. This will keep it safe and effective for those of us who use it.
Steve Dell-Jones	Largo, FL	2015-02-28	The public needs authentic acupuncture professionals, not copycats looking to include a new technique overnight.
Debby Haning	West Des Moines, IA	2015-02-28	I want acupuncture to be save
Coni Stephenson, RN	Dubuque, IA	2015-02-28	I am signing this because acupuncture is a true treatment and requires education and being licensed. It is very unsafe for someone taking a few classes to put needles in someone and possibly harm them.
Catherine Zeman	Cedar Falls, IA	2015-03-02	Simply because an individual has an MD or DO or 100 training with no follow-up, no CEU requirements, etc. should not allow them to practice acupuncture in Iowa. They should be well-trained experts in oriental medicine with on-going CEU requirements.
Susanne Murray The Salt Grotto	Valrico, FL	2015-03-02	ALL Acupuncturists should have adequate training, not "CEU'S"...
joann hackbarth	dubuque, IA	2015-03-02	Acupuncture is important for chronic pain management. Our society is too dependent on drugs and acupuncture is a great alternative
Abbey Higgins	Dubuque, IA	2015-03-12	Acupuncture has saved my life. My acupuncturist is a true healer. She is well trained and certified. I feel blessed to have found her. We need to tighten up the laws on acupuncture to make it safer so people can trust in acupuncture to help them as it has helped me.
Gerda Dijkstra	Amsterdam, Netherlands	2015-03-18	I agree we have to keep our branche free from quackery.
Tiffany konz	Huxley, IA	2015-03-20	i am a patient and want the best care under safe circumstances.

Name	Location	Date	Comment
Cynthia Kobusch	Dubuque, IA	2015-03-26	I am a Doctor of Chiropractic and I believe just as this organization does, in that chiropractors just do not have enough training to be licensed to do this. I wouldn't want an acupuncturist adjusting his patients with only 100 hrs and very little continuing ed.
Donni Alley	Des Moines, IA	2015-03-29	I was restored to excellent health by a licensed acupuncturist here in Iowa during my multi-year battle with mercury poisoning.
Amber Kelley	Chaska, MN	2015-04-03	I'm an acupuncturist who has seen first hand the dangers of an under qualified acupuncturist. The public isn't aware of the training discrepancies, as MDs and DCs aren't required to inform their patients of the difference. I believe it is dangerous to allow doctors who have little to no supervised training in acupuncture and no board certification to be practicing this medicine on patients. If they wish to sit for the boards I am happy to welcome them into our community, but without any testing or continuing ed, I believe allowing them to legally practice is detrimental to both patients and our medicine, as many acupuncture horror stories I have heard involve either a chiropractor or MD.
Glenda Loving	Des Moines, IA	2015-04-05	I subscribe to the philosophy of being legally licensed in the field that a person has chosen and spent the time, trouble, money and effort to train themselves and conscientiously treat people effectively and professionally.
cind graff	scottsville, VA	2015-04-22	I'm pro alternative treatment as the AMA states we cannot help you in our western ways
Mary Simon	New York, NY	2015-04-26	Acupuncture only works if practiced by a trained Acupuncture Doctor who has been trained in China!
Sherri Jones	Ames, IA	2015-05-20	I believe in acupuncture done correctly. I have been going to acupuncturist for over 25 years and those with lots of training are superior to those that aren't.
Crystal Kelley	Eden Prairie, MN	2015-05-21	I am a relative of a professionally trained, graduate level, board certified Acupuncturist. I believe everything in the petition to be absolutely true.
Sheila Domantay	Vista, CA	2015-05-30	I'm an acupuncturist and proper training needs to happen before injuring the public by others not properly trained.
Nann Lang	Addison, IL	2015-07-18	Acupuncture is not simply putting needles into the skin. Sufficient knowledge is required for patients safety and to obtain effective results. Doctors and Chiropractors should not be exempt from passing licensure exams if they want to practice acupuncture.
Marie Ongaro	San Anselmo, CA	2015-07-27	It takes 3 1/2 years to learn TCM theory and how to practice it competently. It is not possible to accurately and safely use this medicine with a weekend or two week class. To have the title Acupuncturist it is required to pass the National or State Board license test which requires 2000 hour of Chinese Medical Training. Should Acupuncturists be allowed to perform chiropractic manipulations if we take a "mini" course? Anyone who would like to practice Acupuncture or Chinese Medicine should be held to the same standards of educational, licensure and continuing educational requirements.
Mike Morgan	Berkeley, CA	2015-07-27	I am an acupuncturist, a faculty member of an Acupuncture College and I firmly stress that the proper and safe practice of this medicine must be restricted to those persons who have studied the theory of acupuncture and the safe application of needles. I strongly support this amendment in order to protect the residents of Iowa !
Marlene Baczek	Arlington Heights, IL	2015-07-28	Anyone who wants to practice Acupuncture, should be board certified by NCCAOM.