Dry Needling

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Please check any and all boxes for who you think should be able to use acupuncture needles:

Yes No

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Physical Therapists, minimum 24 hours of training in Dry Needling.

Athletic Trainers, minimum 24 hours of training in Dry Needling.

Medical Doctors, with 0 to 300 hours of training.

Please use the space below to further explain you opinion (more space on the back):

Your Name (required):

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Your Name: Jun Boardman
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Dry Needling

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Your Name:

Vickie Richter

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spac	e on	nd the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more the back):
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☐ ☐ Medical Doctors, with 0 to 300 hours of training.
Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back): Your Name:
I have been beceiving acupunoture
treatments from a licensed acupuncturists
for the past 20 years. Moring that
time my health has emproved

deamatically. This is due to the percuie treatment and ongoing sessions with a licensed acupunckurists. I have had the opportunity to be treated by 2 defferent lesensed alupunchurst, My results were the same due to their training. I have also had the experience of being "treated" by one who was not a licensed acupeen churists. The result of this was not beneficial and a waster If my money. If the goal of acupulance is to increase ones health, Irelieue pain, and treat allness than this should be done by one who is highly qualified. It takes many hours of Fraining and dealication to know the correct way and procedures needed to impact the health of others in a position way, Mon-licensed acupuncturists are dangerous and useless en my experience and dpinion

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5	itto	VID BE ALLOWED TO PERFORM ACUPUNCTURE

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Your Name (required): Amber L. Dakan		
This practice is a professional application that should only be		
utilized by licensed accupuncturists. This is for the safety of the		
Da ^j	ier	it as well as the reputation and credibility of the acupunture
Çon	~ ΥΥ	more on back

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Your Name: Unne Fultz Clinical training of Fiscensed augunet wister. Wilditionally, the use of a Class II Medical device - acupuncture needle should be considered reason enough for only lecensed pratitioners To be allowed to firform freatment. The fact that unlicensed persons Can buy acupuncture needles, let done ist them is concern enough. Plaase Carefully Consider and defermine that only Juceused acupustiensts be allowed to perform acupuncture, ensuring safety of He public. Dry Heedling should not be allowed due to the invasive and medical nature. Only those withe proper extensive thaining should perform aerpuneture. Anne Tulls

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WEEGOST-VIEWAREN,	NEKOKTEKOTOKO ALIKA SITUS	

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Plea	se us	se the space below to further explain you opinion (more space on the back):
Your Name (required): Susan Kozak		
scanora de la constanta	I	truly believe in the benefits of acupancture
and the second	bv.	truly believe in the benefits of acupancture I feel it MUST be done by a very qualifica
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9/18/15

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Your Name: MAKK BEQUEAITH		
termorphochemical (Frager use of needle technique has proven a very
9124.20004-00004-7-1-12		Frector therapy for my lower back condition. It ad I
ASS FARRORISANS STANSSELL		experience on unsuccessful (or potentially damagny) needle
hermone solven de l'announce d		heropy from an unchilled source, I'm sure I would

Dry Needling

On 11 September 2015, a handful of Iowa licensed acupuncturists attended the Iowa Board of Physical and Occupational Therapy's Meeting. On the agenda was time to discuss whether physical therapists should be able to perform a technique called Dry Needling. All of the acupuncturists in attendance spoke against PTs performing this invasive therapy, but physical therapists in attendance argued for the technique to be allowed. Following this meeting, the Iowa POT Board will allow public input on this matter *only until October 29*. Then they will deliberate and make a final decision in December. The Board published the following statement:

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All submissions must be received by October 29, 2015." The Board is located in the Lucas Building, at 321 E 12th St, Des Moines, IA 50319

Please check any and all boxes for who you think should be able to use acupuncture needles:

Feel free to use this sheet to record your opinion on this public safety matter, so that your opinion may be submitted to the Board. You may also send letters or emails directly to the Board.

Yes No

□ Licensed Acupuncturists, 2500+ hours of training, Nationally Accredited Graduate Degrees.

□ Doctors of Chiropractic, 100 hours of non-accredited, certified training.

□ Physical Therapists, minimum 24 hours of training in Dry Needling.

□ Athletic Trainers, minimum 24 hours of training in Dry Needling.

□ Medical Doctors, with 0 to 300 hours of training.

Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):

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YOUR NAME: Let Us 18819

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Your Name:

4/8/15

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Your Name:

Medical Doctors, With 0 to 300 hours of training.

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Yes	No	
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	X	Doctors of Chiropractic, 100 hours of non-accredited, certified training.
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	$\not \bowtie$	Athletic Trainers, minimum 24 hours of training in Dry Needling.
	×	Medical Doctors, with 0 to 300 hours of training.
		nd the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more the back):
Yo	ur N	Name: Colleen Flores 9/18/15
and the second s	lts	Pretty clear to me that the comparison between the requirements
0f	a	Ucensed acupuncturist and other providers allowed to dry needle
av	U.	clearly not the same. I would never allow some one with so withe
		ing dry needle me or anyone Hove. This information is not
		1 Known and it would be too easy for someone to

end up with problems or complications
because they were unaware of the training and
experience requirement differences between providers
Please do what is right and protect people from
blindly walking into a dangerous situation.

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Medical Doctors, with 0 to 300 hours of training.			
Let us, and the Iowa Board of Physical and Occupational Therapy, know why you checked what you did (more space on the back):			
Your Name: Beth A. Optein 9-18-15			
Just using another name does not change that			
they are trying to practice accupunting			
without the necessary training. My heather is			
too valuable to risk with someone "/ no knowledge.			

Yes No

Dry Needling

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SEP 2 5 2015

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Yes No

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☐ Athletic Trainers, minimum 24 hours of training in Dry Needling.

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Please use the space below to further explain you opinion (more space on the back):

Your Name (required): ☐ Day us Tive

Dry Needling

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IA, 50266

From:

Paris Smith <pditty3905@yahoo.com>

Sent:

Thursday, October 01, 2015 10:28 AM

To:

Manning, Judy [IDPH]

Subject:

Dry needling and Acupuncture

Hello,

I am writing to encourage you to keep allowing Physical Therapists in Iowa to perform dry needling on patients.

As a patient who has received dry needling as part of my treatment I have found it to be very effective and allowed relief of my symptoms quickly. Before my treatment the physical therapist was very thorough to explain the risks of the treatment as well as the difference between acupuncture and the dry needling process. It would be very disappointing if legislative restrictions limit the use of a procedure that is so effective. I have been to an acupuncturist before. It is completely different from dry needling. I have had so much success with dry needling. I would be **MORE** than disappointed if this right was taken away from physical therapists.

Thank you for your consideration.

Sincerely, Paris Smith

From:

Makayla Tremel <matremel@myrtuemedical.org>

Sent:

Wednesday, September 30, 2015 12:04 PM

To:

Manning, Judy [IDPH]

Subject:

Dry Needling

Judy,

I am a physical therapist assistant. I work with two PT's who are certified in dry needling treatments. I'm fortunate enough to be able to experience dry needling treatments for two separate problems. My first encounter was to my cervical musculature. I had been having headaches almost every day and had been trying other type of treatments that were not helpful. After my first treatment, my muscle tension was drastically reduced. Since then (over a year ago), I have not had trouble with headaches.

On my second experience, I had developed an overuse injury from running. One day I was able to run 8 miles, but the next day I woke up with sharp pain and had difficulty walking. After receiving several treatments with electrical stimulation, I was able to get good pain relief. I'm now back to running and training for a half marathon.

Beyond my own experiences, I have worked with several patients who have received dry needling treatments from one of our PT's with great outcomes.

Makayla Tremel, PTA

From:

Joanne Frank <jofrank1@mchsi.com>

Sent:

Tuesday, September 29, 2015 5:00 PM

To:

Manning, Judy [IDPH]

Subject:

dry needling

Dear Ms. Manning-

I would like to add my thoughts about the current question regarding educational requirements for dry needling. Although my father was a chiropractor, I feel certain that he would not approve of any procedure that did not require an adequate amount of education and training. This does not appear to be the case for dry needling in Iowa. Any medical procedure should be approached with a deep regard and appreciation for the time it takes to develop and apply the necessary skill. How is this philosophy applied to dry needling? It seems that regard for the patient has certainly taken a back seat to the desires of those wanting to use this procedure without adequate training. I suggest that the same requirements be applied to both those wanting the title of acupuncturist and those who desire to practice dry needling. This would certainly discourage those who were not serious about putting in the time and effort to become knowledgeable, and yet would encourage those individuals who were concerned about patient care. Sincerely,

B. Joanne Frank 3109 E.32nd Ct.

Des Moines, la. 50317

From:

Darla Hansen <dhansen@myrtuemedical.org>

Sent:

Tuesday, September 29, 2015 10:00 AM

To:

Manning, Judy [IDPH]

Subject:

dry needling

Judith,

I have received dry needling for a chronic hamstring issue. It benefitted my and I would like for it to continue to be available through physical therapy.

Thank you,

Darla Hansen

From:

Michelle Mulligan <michelle.mulligan@myrtuemedical.org>

Sent:

Tuesday, September 29, 2015 10:03 AM

To:

Manning, Judy [IDPH]

Subject:

PT Dry Needling

Hi Judith! I am writing to let you know that dry needling has helped many of our patients to ease their pain and increase their function for everyday life. I hope this continues to be available through PT services.

From:

Michelle Mulligan <michelle.mulligan@myrtuemedical.org>

Sent:

Tuesday, September 29, 2015 10:08 AM

To:

Manning, Judy [IDPH]

Subject:

PT Dry Needling

HI Judith! I am a PTA and I am writing to let you know what dry needling has helped many of our patient with their pain, mobility and function. I am hoping that we can continue to provide this service to our PT patients.

Michelle Mulligan,PTA

2408 48th Place Des Moines, IA 50310 September 20, 2015

To the Iowa POT Board:

Most people would not want someone else to poke them with needles! However, for the past five years, that is precisely what I have had done to deal with medical conditions and pain. I am concerned about the number of people claiming to know acupuncture without having the actual training. I myself was duped by a chiropractor claiming to do acupuncture.

I have had chronic back pain and arthritis for years. Medications for both ultimately caused ulcers. I needed an alternative. Once I found a practitioner who was properly trained in traditional Chinese medicine, I finally found relief. Now I'm hearing about the practice of "dry needling" being done by physical therapists. This should not be allowed! Besides probably being ineffective, the practice of acupuncture by insufficiently trained and non-accredited therapists could have dire consequences. There is an enormous difference in the amount of training completed by licensed acupuncturists and that experienced by physical therapists.

The accredited acupuncturist has a Master of Science in Oriental Medicine. This training includes clinical observation, clinical internships practiced under supervision, and classroom clinical hours spent learning the safety and effective use of acupuncture needles. Overall this culminates in 2500+ hours of training. Additionally, accredited acupuncturists must have 60 hours of continuing education every four years. All of this must be accomplished in a nationally accredited program. So why not allow physical therapists to do "dry needling"? The lack of training is a primary reason! Physical therapists need only to complete 25 hours of training, with only 13.5 hours of actual hands-on practice. They are using acupuncture needles which are considered a medical device by the FDA. This could lead to either ineffective or downright dangerous outcomes! Having a practitioner with too little knowledge is a hazard to an unsuspecting client.

Being treated by a licensed and accredited acupuncturist can result in lasting benefits for patients. Some treatments bring immediate relief, while some have long-lasting effects. As someone who has experienced treatment by both a non-accredited chiropractor and a fully accredited and experienced acupuncturist, I can tell you the difference is immeasurable. Would I want a physical therapist to put needles in me? NO! Will I continue with a licensed acupuncturist? Absolutely, YES! I urge you to take action which will eliminate the practice of "dry needling" by physical therapists and ensure the safety and health of Iowans.

Sincerely,

Susan Pundzak
Susan Pundzak